

PSHE at Queensgate



Statement of Intent

Intent

At Queensgate we **work together to stay safe, healthy and build good relationships for a successful future**. This vision reflects the whole school vision for our children.

PSHE at Queensgate enables children to develop the knowledge and skills they need to successfully manage their lives now and in the future. PSHE supports our children to thrive as individuals, family members and members of society. It equips pupils to live healthy, safe, responsible and balanced lives as part of a community. PSHE education enables children to recognise, accept and shape their identities, to understand and accommodate difference and change, and to manage emotions.

Implement

At Queensgate, our PSHE programme will enable children to meet the End of Key Stage Statements as set out in the Relationships Education, Relationships and Sex Education (RSE) and Health Education Guidance 2019.

How do we deliver PSHE at Queensgate?

- All pupils have a weekly PSHE lesson.
- Medium term planning is given to all staff which has been developed by PSHE lead in guidance with The PSHE Association to meet the needs of our pupils.
- Our PSHE curriculum is split into nine themes – families and friendships; safe relationships; respecting ourselves and others; physical health and mental wellbeing; growing and changing; keeping safe; belonging to a community; media literacy and digital resilience; money and work.
- The nine themes are the same for each year group from Year 1 to Year 6. This ensures that skills and knowledge are built on year by year and sequenced appropriately.
- Assemblies are planned using the SEAL scheme for additional PSHE sessions that would benefit the whole school.

Impact

We believe that PSHE plays a vital part of primary education and that PSHE is integral to the development of children's values in order for them to become a positive member of society in a forever-changing community.

By the time children leave Queensgate they will:

- Have the willingness and confidence to try new things, push themselves and be resilient.
- Have the knowledge and ability to stay safe, stay healthy and develop good relationships.
- Have an understanding of what it means to be a positive member of a diverse society.
- Have a strong sense of self-awareness, interlinked with a compassion for others.