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Friday 16th December 2022

Issue 14 2022 - 2023

Queensgate Foundation  
Primary School



# Merry Christmas!



Dear Families,

## Christmas Fair

The Christmas Fair last Friday was a great success. Not only was it a fantastic event, but also made a good amount of money for the PTFA. The overall profit of the fair was **£1,255.58**. The children's stalls made £515. The year group stall that made the most money was **Year 2** with £104 and **Reception** were a very close second with £101. A huge well done to the PTFA, staff, children and all of you for making it such a success. Thanks to Father Christmas for popping by too – we know how busy he is at this time of year!

The Neon discos also made a fantastic **£461.05**, thanks again to everyone that organised and helped out. Thank you again for all of your fantastic support.

## Staffing Update

Miss Cordon is leaving Queensgate at Christmas. She has been unwell and has prioritised her health. We wish her well.

Mrs Gibbins will join Mrs Hiscock to teach 2EC after Christmas and the class will be known as 2KG.

Mrs Muncaster will be joining the 1SG team with Miss Stone and Mrs Gobby to teach the children on a Thursday and Friday.

## Jack and the Beanstalk

We have bought an online pantomime for the children to watch at school. Quite a few children have been off school poorly so I wondered if you would like to access the pantomime at home. Here is the link:

<https://www.evalongproductions.co.uk/live-recording>



## Poppy Appeal



We received confirmation from the Royal British Legion that through collecting monies for poppies and other items the school raised £174.20 for this worthwhile charity. Here is a message from them:

“Thank you. Your support has made a real difference to those in the Armed Forces community. Without your efforts, we couldn't do the work we do.”

Well done everyone.

## PTFA

A huge thank you to Ekine Fernandez Lane, who has been our PTFA chair for the last 18 months but is now stepping down. There is a meeting at the Lifeboat on Tuesday 20th December at 6.30pm. Please go along if you are interested in joining the PTFA.



# What's for dinner next term?

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)



Monday	Tuesday	Wednesday	Thursday	Friday
<b>BANK HOLIDAY</b> ↓	<b>INSET DAY</b> ↓	Roast Gammon Served with Roast Potato, Two Vegetables and Gravy	Chicken Curry Served with Wholemeal Rice	Fish Fingers Served with Chips and Two Vegetables
		Vegetable Pie Served with Roast Potato, Two Vegetables and Gravy	Vegetable Lasagne Served with Garlic and Herb Bread Wedge	Quorn Dippers Served with Chips and Two Vegetable
		Tomato Pasta or Jacket Potato	Tomato Pasta or Jacket Potato	Tomato Pasta or Jacket Potato
		Chocolate Ice Cream	Apple and Berry Crumble served with Custard	Strawberry Frozen Yoghurt with Fresh Fruit

Please note that all meals are subject to change due to availability of produce.

Please note that lunches now costs £2.37 each.

## French at Queensgate

# Coco La pomme

Bonjour!

Je m'appelle Coco et je suis une pomme.

Each week I will share with you a French word



Vive le vent, vive le vent,  
 Vive le vent d'hiver,  
 Qui s'en va sifflant, soufflant  
 Dans les grands sapins verts, oh !

Vive le temps, vive le temps,  
 Vive le temps d'hiver,  
 Boules de neige et Jour de l'An  
 Et Bonne Année grand-mère !



Here is the French version Jingle Bells!

See if you can sing it to the chorus of Jingle Bells!

Instead of singing about bells ringing, it is a song celebrating the winter weather and the cold winter wind!! Brrrrrrr.....



## Attendance Assembly

Last Monday we had our attendance assembly to celebrate all the children that had managed to attend school for 98%, 99% or 100% of the time. Well done to everyone who managed to achieve either the bronze, silver or gold award.

Here are our 100% club!



## Reception Gift from a parent

Mrs Dye wanted to share with you the present that Matteo and his family made for all of his class mates and to say thank you to them for such a thoughtful gift.



Working together for a successful future



## Sports Reports

### **Indoor Athletics**

We went to Rew Valley, Ventnor to compete in a competition against 9 other schools. We had to take part in a lot of activities including running, jumping and throwing. It was really good fun and in the end we came 5th.

By Olivia P 6LR



### **Football**

On Monday, the Year 3 / 4 girls had their first league match of the year against Carisbrooke. For most of the girls this was their first ever football match and were very much looking forward to it. The game began and Carisbrooke were first to the ball putting the team under pressure from the off. Even though the girls defended well, Carisbrooke scored 2 quick goals putting Queensgate behind. However, the girls battled back and through a quick counter attack, Bella M scored the team's first goal. The half time whistle blew and the score was 2-1 to Carisbrooke. The girls were freezing due to the bitter weather but were determined going into the second half. Throughout the half the girls improved and fought hard but it was Carisbrooke who came out on top, going on to win the game 4-1. Despite the team losing, this was a great effort for their first game. Keep going girls!

On Thursday, the Year 5 boys faced Nine Acres in the quarter finals of the cup. The weather was ice cold but the boys were keen to play. The first half begun and it was Nine Acres who started the faster of the two side, scoring 3 goals in quick succession. The boys persevered and managed to score just before half time, with a wonderful long-range strike from Jack M. That was the end of the first half and the score was 3-1. Going into the second half the boys were positive that they could come back, however it was Nine Acres who went onto strike first with 2 more goals. The team battled as hard as they could scoring 2 more goals, making the score 5-3. Unfortunately, the boys ran out of time before they could grab any more goals with the game finishing 5-3. Even though the team lost, they should be proud of their performance against a tough Nine acres side. Heads up boys!

### **Year 5 sing to residents at Kynance House, East Cowes**



On Tuesday 6<sup>th</sup> December a group of 15 Year 5 students walked to Kynance House to sing carols to the residents. They sang with energy and enthusiasm and several of the older people enjoyed joining in with some of the traditional songs. Afterwards, the children chatted with the residents and were given chocolate oranges as a thank you. They were a real credit to Queensgate Primary and we look forward to going back to Kynance next Christmas.

### **Family Support:**

Mrs Jeffers, Family Liaison Officer, will be contactable via email on the 29<sup>th</sup> December.

### **Financial support**

#### **Foodbank**

The Isle of Wight have some changes to their opening hours over Christmas. Please see their website for details.

<https://isleofwight.foodbank.org.uk/about/christmas-opening-hours/>

If you would like a free food bank voucher please contact Mrs Jeffers on [ajeffers@queensgateprimary.co.uk](mailto:ajeffers@queensgateprimary.co.uk) on the 29<sup>th</sup>. If urgent please contact the foodbank themselves for more information.

### **Mental health support:**

**111 provide 24/7 mental health crisis support.**

**amh**

## TOP TIPS

for looking after your

# MENTAL HEALTH

at  
*Christmas*

**Keep Active!**  
Being active is great for your physical health and fitness, and evidence shows that it can also improve your mental wellbeing.

**Stay in Touch!**  
Having good friendships is important for your mental health. Connect or reconnect with friends and family this Christmas.

**Watch what you eat!**  
Nutrition can significantly impact mental health. A healthy balanced diet is good for you physically and mentally. A Healthy Body means a Healthy Mind.

**Take a Break!**  
Allow time for yourself, even if it's just for 5 minutes - stop and put your feet up or have a cup of tea. Make sure you get enough sleep.

**Ask for Help!**  
Talk to friends or family or contact:  
Samaritans 116 123  
Lifeline 0808 808 8000  
Childline 0800 1111

**Danske Bank**



# The 12 Online Safety Tips of Christmas

## FOR CHILDREN WITH NEW DEVICES

Christmas is almost upon us once again, and soon some lucky children will be excitedly tearing the wrapping off a new mobile phone, tablet or games console. For some of them, it will be the first time they've owned a device that connects them to the online world. Even for older children, a new device means new corners of the digital landscape to explore – and, unfortunately, new risks to be aware of.

We've put together our top tips so that you can guide your young ones in enjoying their new digital gifts safely and responsibly throughout the year to come. Merry Christmas!

### 1. ALWAYS SET A PASSWORD

If your child's new device has a password protection feature, use it! It'll help to keep their private information safe and will deny others access to their device without permission. Your children's passwords should be something memorable to them – but something which other people can't guess (it's also a good idea for parents to write it down in case it gets forgotten!).

### 2. SET UP 'PARENTAL CONTROLS'

This really is an essential when your child gets a new device, so they're protected from the outset. Most phones, tablets and consoles allow you to customise their settings to determine which games your child can play, how they can communicate (and who with), what content they can access and so on. It will give you peace of mind that they can't inadvertently do something they shouldn't.

### 3. PAY ATTENTION TO AGE RATINGS

One of the first things children want to do with any new device is play games and explore apps. Before they download anything or install a new console game, check its age rating. Many popular games and apps have content that's not suitable for younger ages. The safest long-term solution is to adjust the device's settings so they can only download and use games and apps appropriate for their age.

### 4. KEEP NUMBERS AND DEVICES PRIVATE

Make sure your child understands that they should never share their phone number with someone they don't know or accept a friend request from them. They should also appreciate that it's a good idea to mainly keep their device out of sight, never lend it to a stranger, and never put it down somewhere that other people could steal it or take it to use without asking.

### 5. HAVE 'THE MONEY CONVERSATION'

Before your children start using their new device in earnest, talk to them about in-app purchases and other ways that money might be spent through their device. Once they understand, you might want to agree on a spending limit and reassure them that they can come to you if they're uncertain, or if they have made a purchase by accident.

### 6. DISCOURAGE DEVICE DEPENDENCY

Of course, children who've just got a new device will naturally want to spend as much time on it as possible. But whether they're zapping bad guys, watching videos or connecting with friends, it's easy for them to get attached very quickly. Gently remind them that having family time, going outdoors and getting some exercise are still fun, too. And the device will be there when they get back.

### 7. EXPLAIN SECURE WIFI NETWORKS

Your home WiFi is protected by a password that only your family knows, whereas public networks (like those found in coffee shops, for example) can be accessed by anyone. It's important that your child grasps this difference because, if they're using a portable device on an unsecured network, then a hacker could access their personal information without them even knowing.

### 8. LIMIT SCREEN TIME

Using a device for too long, especially just before bed, can interfere with a child's sleep quality and reduce their concentration and overall enthusiasm. It might be helpful to agree on certain times of day when they don't use their device. Most devices' settings let you specify a screen-time limit, helping your child to stay fresh and focused in order to perform well at school.

### 9. ONLY PAIR WITH KNOWN BLUETOOTH DEVICES

Your child may want to connect to another device via Bluetooth, so they can listen to music wirelessly or share pictures and videos with nearby friends. But if they use Bluetooth to link with a device that they don't know, they're at risk of a stranger being able to see their personal information or having someone transmit a virus onto their device.

### 10. TURN LOCATION SETTINGS OFF

It's safest to disable the device's location services (if it's a portable device) so your child doesn't inadvertently make other people aware of where they are. You can usually do this via the device's privacy control settings. Turning location settings off not only means your child's whereabouts can't be tracked by others, it also significantly extends battery life.

### 11. STAY AWARE OF THE SURROUNDINGS

It's quite common to see adults not looking where they're going while engrossed in their phone. Children are even more easily distracted. In some cases, children have been hit by cars or cyclists because they were staring at their device and lost track of where they were. Remind your child that screens and walking don't mix. If they need to use their device, they should stop in a safe place first.

### 12. BE THERE IF THEY NEED TO TALK

Even when you've made a device as secure as you can, there's still a possibility of your child seeing something that bothers them, or someone they don't know attempting to contact them. If this happens, listen to their concerns, empathise and reassure them. Once they've explained what happened, you can decide if you should take further action like blocking or reporting another user.



National Online Safety

#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

[@natonlinesafety](https://twitter.com/natonlinesafety)

[/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety)

[@nationalonlinesafety](https://instagram.com/nationalonlinesafety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.12.2020



## Christmas Celebrations at Queensgate

Well done to Reception classes for a great Christmas show – we loved their singing and, in some cases, dancing too!

We have had two big assemblies this week. The children sang the carols beautifully. We enjoyed Year 2 telling us the Christmas story using musical instruments. Year 3 played the Glockenspiels and Year 5 played We wish you a Merry Christmas on the recorders. They were great events. Thank you so much to Mrs W Webb for organising the assemblies and teaching all the musical elements.



And finally...

Here ends another very busy term. I would like to wish you all a very happy and healthy Christmas. See you **Wednesday 4<sup>th</sup> January** at 8:40am.

Best wishes,

Samantha Sillito

Headteacher

**Spanish After School fun club** is back in the new year!

Clubs run straight after school on a Friday for 1 hour!

We have moved to the East Cowes Family Centre and collect children from Queensgate Primary at 3pm.

Please email [lcclubs.iow@gmail.com](mailto:lcclubs.iow@gmail.com) for more information or follow the link to register your children - [www.clubenrolment.com/LCFlanguagesIOW](http://www.clubenrolment.com/LCFlanguagesIOW)

This is run as an outside club provider and therefore the school cannot advise you any further, there is also a cost to the club.

Thank you

Ekine Fernandez Lane

Club tutor and area organiser



## **IOW Family Centres & Community Early Help**



Wishing you all a very Healthy & Happy Christmas and best wishes for 2023. Our Family Centres will be open (other than bank holidays) if any family wish to contact us please visit our website or get in touch via the contact us link:

[Welcome To Isle Of Wight Family Centres : Isle Of Wight Family Centres](#)





PARAGON  
TOGETHER EMPOWERING CHANGE

### Other Sources of Support

Depending on your situation, the following agencies and organisations may be able to provide additional support.

The National DV Helpline	0808 2000 247
The Survivors Trust	0808 801 0818
Rape Crisis Helpline	0808 802 9999
Respect Perpetrators	0808 802 4040
Respect Men's Advice	0808 801 0327
Galop LGBT Domestic Abuse	0800 999 5428

**IN AN EMERGENCY DIAL 999**

### How Can I Contact PARAGON?

Please contact us on:

Hampshire	0800 916 9878
Dorset	0800 032 5204
Isle of Wight	0800 234 6266
Somerset	0800 694 9999
Sussex	01403 229 017



*YOU: a family, creatively empowering people to thrive in their communities.*



Registered Address:  
South Wing, Admiral House  
43 High Street, Fareham, Hants PO16 7BQ

[www.theyoutrust.org.uk](http://www.theyoutrust.org.uk)

The YOU Trust is registered in England no. 1898188 and is a registered charity no. 291489



PARAGON  
TOGETHER EMPOWERING CHANGE

**CHRISTMAS BARN**  
Sunday 4th, 11th & 18th December

**Family Entry**  
optional donation

**KIDZONE**  
Track down the 10 snowmen to claim your chocolate  
Make tree decoration £4.25  
Please book this activity on our website before 8.30am of the day

*Gift Shop*  
Mulled Apple Juice  
Beansies  
Wildflower seeds  
Christmas Decorations  
Cards, coasters & scented candles

**MORE INFO'**  
[www.naturezones.org.uk](http://www.naturezones.org.uk)  
**BLACKWATER**




**Jingle all the Way**  
with **Mountbatten**

Sunday 18 December  
Ventnor Botanic Garden  
From 3pm  
[mountbatten.org.uk/jingle](http://mountbatten.org.uk/jingle)

45 years of kindness  
Mountbatten



A registered charity



# DON'T MISS THIS FUN FAMILY FESTIVAL DURING FEBRUARY HALF TERM! Friday 17th & Saturday 18th February

Plus, new for this year, Thursday 16th for the over-12s

DECEMBER 2022 NEWSLETTER



Have you got your tickets yet?

Tickets are now on sale for the IW Story Festival at **Quay Arts** in Newport during February half term from [www.quayarts.org](http://www.quayarts.org)

It's a chance to meet well-known performers and writers like **Simon Farnaby** (from Paddington 2, Horrible Histories and Ghosts) who will be talking about his **Wizard in My Shed** series of books.

Former CBeebies star, **Cerrie Burnell**, will also be there with her exciting adventure story about being different, **Wilder than Midnight**.



**CERRIE BURNELL**

For younger children we have a world-exclusive. Author and illustrator Nicholas Allan will be revealing for the first time **The King's Pants** (some of you may already know and love one of his most famous books, **The Queen's Knickers**.)

There will be lots of other authors and illustrators for you to meet, some of them you may have heard of, some of them you may not. But all of them are worth seeing. Why not check some of them out before you come along: **Laura Ellen Adderson, Neal Layton, Jamie Littler, Gareth Peter, Kieran Larwood, Jules Harriner, Felicity Fair Thompson and Peta Rainford**

## FAQs

**Q: Do I need to get my tickets in advance?**

A: It's a good idea. Tickets are selling fast! Get them from [www.quayarts.org](http://www.quayarts.org)

**Q: How much are tickets?**

A: Some sessions are free, others cost between £3 and £6

**Q: Is it just for people who like reading?**

**NO!** The IW Story Festival isn't just about books! We've got lots of hands-on activities for you to get involved with – from making puppets to making rockets, illustrating comics to sewing a story. There will be storytellers and theatre performances too!

**More information from: [www.iwstoryfestival.com](http://www.iwstoryfestival.com)**

Registered charity number: 1198024



# CHRISTMAS FOOD AND ACTIVITY SCHEMES



Isle of Wight



The Footprint Trust



connect4 communities



There's still time to book your young person onto free activities during the Christmas holidays. These activities are for Island children who are eligible for free school meals.

The details:

- Activities are for young people aged 4 to 16
- Activities range from sports, crafts, trips out, dj-ing lessons and much more
- Taking place in Ryde, Newport, Sandown, Shanklin, Freshwater
- Along with activities everyone gets a meal

A full list of what's on is available on our website: <https://beta.iow.gov.uk/keep-the.../cost-of-living/events/>

**Please contact the activity provider to book a session.**

### Get Into Golf

With the recent success of us coming into the school and teaching a small percentage of the year groups. We would like to extend the opportunity to every pupil in the school, by inviting them along to get involved with our 4 week introduction to golf course of lessons at Westridge Golf Centre.

This opportunity gives your child an insight into golf and gives them the chance to sample a new sport. These courses start on the first Saturday of each month at 9am, with the 4 week course only costing £20 normally. However, you will find a special school offer below where you will have the opportunity to receive even better value! All the golf clubs and golf balls are provided for you and each session lasts 45 minutes.

**£5 OFF**

**Per Person  
on our  
Introduction  
to Golf 4  
Week Course**

\* single use only

To redeem this voucher, please print off or show us the voucher on your mobile device at point of payment.

### Christmas Junior Festival Fun day

The junior academy coaches at Westridge Golf Centre will be hosting a Christmas Junior Festival Fun Day on Wednesday 21st December 10am - 2pm. We only have 20 spaces available, so act fast if you would like your child to get involved.

The festival will be held by two of our junior academy coaches, which will involve lots of fun skills games, coaching, prizes to be won, lunch and refreshments.

The cost for the day is £25 per child, which includes all the above, plus the club hire and all the golf balls needed for the day!

We only have 20 spaces available, so act fast if you would like your child to get involved. If you would like to book your child onto our Christmas Fun Day, then please contact the golf centre on 01983 613131.

# SANDOWN SOCCER

at The Bay CE Secondary

For children aged 5-11

20th - 22nd December  
3 days of football fun!



Mini-Soccer camp for children. Aiming to provide a fun and enjoyable environment whilst developing and improving players footballing ability!

10AM - 3PM £12 a day

Fully FA Qualified coaches -  
★ With First Aid, Safeguarding children and DBS checked.

★ Skill development and games!

Win medals and trophies throughout the week with our  
★ Penalty, Keepy-uppy, Crossbar and Speed Champion competitions as well as Most Improved, Best Attitude and Future Star awards!

★ Finish the week with a Sandown Soccer World Cup where one team will become World Champions!

## New Carnival Presents

# RYDE

# Merry and Bright

Friday 16th December

Join us... 5-8pm

Celebrations in the Town

\* **Lantern Parade** (5.30pm  
Start from top of Dover Street, to  
Star St, High St, Cross St, and  
ending in Vernon Square)

\* **Illuminations** (The Neon  
Garden in St Thomas Rest, the  
Land and the Sea in Vernon  
Square)

\* **Music & Entertainment**

\* **Food Stalls**

Join in-  
Lantern Making Workshops:

**Family Workshop**- Sat 26th Nov  
11-2pm Ryde Methodist Church

**Lantern Leaders Course**-  
Weds 23rd Nov 5-7.30pm The Coaching  
House, Union Rd, Ryde

To book contact:  
Gemma@thenewcarnivalcompany.com  
01983 716095



## FREE STAY AND PLAY

### SEN PEER SUPPORT

If you are a parent carer of a child with an SEN or disability you are welcome to come along to our FREE stay and play session. There will be FREE refreshments and a chance to chat with other families.

28th December 2022 – 10am to 2pm

Victoria Pavillion, Recreation Ground Road, Newport,  
PO30 5DS

Email: [parentsvoice@peoplematteriw.org](mailto:parentsvoice@peoplematteriw.org)

Text: 07746 302898



You must accompany your children at all times. We have some toys that we will bring along. If you would like to bring your own you are more than welcome to, but these will be your responsibility. This is a DROP-IN session. Please feel free to attend for the time that suits you.

