

Beatrice Avenue,  
East Cowes,  
IOW,  
PO32 6PA.  
Tel 292872  
queensgateprimary.co.uk



Friday 20th January 2023

Issue 17 2022 - 2023

Queensgate Foundation  
Primary School



**Don't Forget Reception, Year 1 and Year 2 are entitled to Universal Free School Meals**

Dear Families,

### Price Rise for School Dinners

We are putting up prices for school dinners for children in Years 3, 4, 5 and 6. The new price is **£2.61** per meal. This increase is due to many factors which include: the rise in energy costs; the Russian / Ukraine conflict pushing up the price of wheat and sunflower oil; the weather and global warming; labour and the cost of living; general logistics around ship and container and HGV shortages as well as the cost of fuel.

Please remember that all children in Reception, Year 1 and Year 2 are entitled to universal free school meals. In addition, many people are entitled to Free School Meals. Check to see if you are eligible.

I would encourage you to take up the school meal offer as the food is good quality and delicious. (I have a school meal every day.) It is hot and nutritiously balanced. I was sat with some children having a packed lunch the other day and they commented how delicious the food looked. Even with the price increase I think the food is good value.

Dear Parents/Guardians,



*Like all UK businesses, we are currently experiencing significant inflationary pressures. As has been widely reported in the media, these pressures have particularly impacted the price of food.*

*We have been working hard over recent months to absorb these costs through menu changes and negotiating with our suppliers.*

*However, with inflation continuing to rise, we are now required to increase the price of the meal served at your child's school to £2.61.*

*All menus will continue to provide children a choice of nutritious and delicious meals, while complying with the Government's nutritional guidelines, and catering for those with allergies.*

*We want to assure you that the decision to take this action was not taken lightly. We will always continue to do all that we can to provide you the best possible value for money.*

Kind Regards,

**YVONNE CURRAN**  
Regional Manager



## Attendance

**Whole School Attendance this week is 93.9%**

**KS1 Class with best attendance this week is 2KA with 97.01%**

**KS2 Class with best attendance this week is 3AH with 98.89%**

## Dance Live 2024!

In 2024 we would love to be able to take some KS2 children to compete in Dance Live 2024 at Portsmouth Guildhall. The Dance Live Website has this to say about the opportunity; *“Embracing an ever-evolving digital world and how this is changing the face of modern performance, Dance Live! sees those in KS2-4 and Further Education compete with choreographed routines to the backdrop of a giant digital screen with pupils showcasing a range of skills from dance, performance and off-stage technical skills to creative design. Dance Live! delivers an amazing, inclusive, developmental experience for your students.”* This will be a really memorable and beneficial experience for each child that takes part. It will help them develop their confidence, teamwork, performance and technical skills as well as having health and wellbeing benefits. If you would like to know anymore I will link their website below.



However, we really need some help! It is a huge project and we would be so grateful for any help that the community or parents could offer. At this stage we are assessing what help we can get before we register officially. This could be for a range of things such as:

- Choreography or Teaching
- Set Design and Building
- Technical help with music or the digital screen
- Donations, Fundraising or Sponsorship
- Rehearsal Support after school
- Costume design and making

Or anything else you can think of! We would love for this to be as much of a community project as possible so please do get involved in the Queensgate Family and help the children be the best they can be!

If you do think you can help please contact me via [4mc@queensgatefoundationprimary.co.uk](mailto:4mc@queensgatefoundationprimary.co.uk). Please state your name, contact details and what you would like to help with. I will collate a list of everyone and keep you updated!

Please note we are currently only in the stage of expressing interest and finding support so this is not a definite yet as Dance Live is not yet officially open for registration until February.

Many thanks.

Miss Croutear

<https://www.portsmouthguildhall.org.uk/get-involved/schools-colleges/dance-live/>

## Out & About

The Out and About team from **RAB** visited the Isle of Wight Donkey Sanctuary in Wroxall on Tuesday morning. As part of their topic on Animals this half term, they learnt all about how the donkeys are cared for at the sanctuary, what they eat and the differences between donkeys and horses.

The children enjoyed meeting the different herds including the 'Miniatures', 'Euro-stars', 'Just Jennies', 'Jack the Lads', 'The Old and Prouds' and the 'Weight and Sees.'

Our lovely guide, Charlotte, introduced us to Whizzy, one of the miniature donkeys and the children all had the opportunity to stroke him. The children were amazed how soft his fur was. The staff and volunteers at the sanctuary would like to pass on their thanks to the parents from RAB for their generous donations, which will provide food and veterinary care for the donkeys.



Year 1 will be learning how to help look after our planet, later this half term. Due to the extremely heavy traffic and icy road conditions on Wednesday morning, the **1SG** group walked down to East Cowes seafront to take part in a beach clean (a change to our planned location). It was very cold so the group enjoyed hot chocolate and snacks during our story time. We shared the story, Nelson's Dangerous Dive by Ellie Jackson, about a whale that got caught up in old fishing nets under the sea. The children talked about how we can help to protect our oceans and look after the sea creatures by reducing, reusing, recycling and refusing plastics. They then used litter pickers to collect up any plastic waste they found on the shoreline and even found a large, old fishing net just like the one we read about in the story!



Working together for a successful future

## **Out & About continued**

There were some amazing moments of true awe and wonder this week as the children explored the ice when Out and About but it has been very chilly! Please make sure your child is wearing warm play clothes, winter coat and has a hat, scarf and gloves with them as we are outside whatever the weather.

Our **Year 3** and **Year 5** swimmers took part in their first proper swimming lessons this week. The children all showed great enthusiasm and determination during their sessions. The aim of our swimming programme is for all of our pupils to swim 25 metres by the time they leave Year 6. Each week our staff teams will be looking out for children to receive an award for their achievements, progress or attitude within their lessons.

This week our swimming awards go to;  
Year 3- Oscar G, Oscar H, Harry, Paloma, Maisy, Zayn and Ella S.  
Year 5- Mason, Charlotte, Lexie, Sophie and Emily.

## **Out and About next week...**

Please send your child to school in warm play clothes, with a waterproof/warm coat, hat, scarf and gloves and wellies/walking boots in a named bag.

## **Tuesday 24th January - RSD**

Donkey Sanctuary - Please bring some loose change in a named envelope if you would like to make a donation.

Arthur, Peyton, Harry, Daniel, Amelia, Mollie, Sophie, Marley, Matteo, Naomi, George, Neahve and Harrison.

## **Wednesday 25th January - 1CE**

Beach Clean - Compton Bay

Lacey, Lorenzo, Lexi, Seb, Pippa, Brody, Eli, Charlie, Paisley, Ella-Rose, Clara, AJ, Kendall and Henry.

## **Year 3 and Year 5 Swimming Lessons (3 of 10)**

Please ensure your child has a swimming costume/ swim shorts, towel and goggles in a named bag. The coach and minibus will get back to school approximately 3.15pm depending on traffic, thank you in advance for your understanding.

Good Morning,

I am writing to inform you that we have now closed our books and we will no longer be offering children's day due to being at capacity.

From today anyone wanting to register their children at Damira Dental Studios will be put on our NHS waiting list.

We want to thank you for sharing our original email as we were able to see and help a lot of children.

Kind regards,

**Kelleigh Macfarlane**  
Deputy Practice Manger/Treatment Co-ordinator





# What's for dinner next week?

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)



Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato Pizza Served with Potato Wedges and Two Vegetables	Pork Sausages Served with Mashed Potato, Two Vegetables and Gravy	Roast Gammon Served with Roast Potatoes, Two Vegetables and Gravy	Chicken Curry Served with Wholemeal Rice	Fish Fingers Served with Chips
Chinese Vegetarian Noodles Served with Two Vegetables	Veggie Sausage Served with Mashed Potato and Gravy	Vegetable Pie Served with Mashed Potato, Two Vegetables and Gravy	Vegetable Lasagne Served with Garlic and Herb Bread Wedge	Quorn Dippers Served with Chips and Two Vegetables
Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta	Jacket Potato or Tomato Pasta
Chocolate Crispy Bar	Orange Shortbread with Fruit Slices	Chocolate Ice Cream	Apple and Berry Crumble served with Custard	Strawberry Frozen Yoghurt with Fresh Fruit

## Medical Diets Guide from Chartwells

At Chartwells, the safety of the pupils we cater for is our number one priority. We understand the importance of ensuring that pupils with medical diets can continue to enjoy a safe, balanced meal alongside their peers in school. As such, the Chartwells medical diet policy has been developed specifically for the school kitchen environment and enables us to cater to as many children as possible, as safely as possible. Please see the rest of this important document on the Queensgate website by clicking [here](#).

## Festival Choir Clubs

It is that time of the year again! The lovely trophy our choir won at last year's music festival is due to be handed back in the next few weeks and we are going to try our best to win it back again for another year. It would be fantastic if as many of the original choir members who won the trophy last year could join up for Festival Choir again this term and defend their title. We are also branching out this term and want to take a KS1 choir to the festival too so if you are in Year 1 or 2 and can work hard to learn some songs from memory, come along and have a go.

The festival date is likely to be Friday 17<sup>th</sup> March so do pencil this date into your diaries so we can have as many supporters as possible at the competition.

KS2 Choir will rehearse on Tuesdays as usual and KS1 Choir will meet on Wednesdays. Both clubs will run from 3.00pm – 4.00pm.

Please sign up on Clubbly as normal and speak to me or Miss Rorich if you have any difficulties with this. We have space for 28 in each choir.

Look forward to seeing you,

Mrs W Webb



### PTFA Totals

Our PTFA did a brilliant job before Christmas running numerous events. Here are the totals that were made:

Your School Lottery - £34

Neon Disco - £461.05

Christmas Fair – 1255.58

Mince Pie Sale - £19.50

Skills Auction - £14

Christmas Cards – £297.15

**Making a total of £2,081.28**

Huge thanks, as always to the PTFA for all their hard work!

The next PTFA meeting is on **Wednesday 25<sup>th</sup> January at 2 pm** in the school dining room. Please come along if you can!

**QUEENSGATE PRIMARY**  
**PTFA**  
**INDOOR**  
**TABLE TOP**  
**SALE**

**BOOK A TABLE FOR JUST £10**  
SATURDAY 28TH JANUARY 2023 AT QUEENSGATE PRIMARY  
MARKET RUNNING 11AM - 1PM  
TRADERS: SET UP 10:30 - PACK UP 13:15

*For more information check out the Queensgate PFTA Facebook page or email Luisa at :  
ptfa@queensgateprimary.co.uk*

## Maths Workshop for Parents

We had two parents attend the workshop this morning. Both have spoken positively about the provision, and will be encouraging others to come along. Another workshop will run next Friday (27th January) at 9.15am in the Training Room.

## Strike Action

You may have heard that the National Education Union (NEU) have voted to take industrial action.

Whilst there will be seven days of strikes in total across the country, individual schools will be affected by four days of action, for our area the four dates of strikes are:



**1 February: all schools with NEU members in England and Wales**

**2 March: all schools with NEU members in the following regions: London, South East, South West**

**15 and 16 March: all schools with NEU members in England and Wales**

I want to reassure you that I will be doing everything I can to minimise disruption to your child's education. At the time of writing I am unsure of how many of our teachers will be striking, but I am confident we will be able to ensure all children will be able to attend and continue to receive their education.

Here is the advice to parents from the Department of Education.

*"Parents have a legal duty to ensure that their school-registered child of compulsory school age attends school regularly. Therefore, all school-registered children of compulsory school age in classes open on days when strike action is being taken are still required to attend school, regardless of parental choice or the closure of other classes in the school."*

## Library Van

The school's library van will be visiting Queensgate next Wednesday. Please make sure your children read every day!

## And Finally...

It looks like we're in for a sunny, dry but cold weekend. Wrap up and get outside to enjoy the beautiful areas of the Isle of Wight, giving your child the real life experiences they can bring back into school.

Please also remember to read, chat and play with your children.

Have a lovely weekend everyone.

Best wishes,

**Samantha Sillito**  
Headteacher

# Host an EF student

Be part of our EF Community. Host an international student during summer. With EF's 55 years of experience in hosting, you will be in good hands. As an EF host you can now benefit from our Loyalty Programme.

## EF offers

- 24h support
- Join the EF Host Loyalty Programme and collect & redeem points
- As part of the EF Community you benefit from local discounts
- Flexible hosting dates
- Host in summer
- Students are from more than 15 different countries
- Host up to 4 students at the same time
- Guaranteed weekly payments

## Hosts provide

- Minimum 2-week hosting commitment
- A welcoming and comfortable home
- Breakfast, packed lunch and evening meal

EF Accommodation Office Isle of Wight  
Unit 2, 15 Holyrood Street, Newport, PO30 5AU  
01983 821133 / accommodation.isleofwight@ef.com



**Sign up today!**







## DON'T MISS THIS FUN FAMILY FESTIVAL DURING FEBRUARY HALF TERM! Friday 17th & Saturday 18th February

Plus, new for this year, Thursday 16th for the over-12s

JANUARY 2023 NEWSLETTER



Have you got your tickets yet?

Tickets are now on sale for the IW Story Festival at **Quay Arts** in Newport during February half term from [www.quayarts.org](http://www.quayarts.org)

It's a chance to meet well-known performers and writers like **Simon Farnaby** (from Paddington 2, Horrible Histories and Ghosts) who will be talking about his **Wizard in My Shed** series of books.

Former CBeebies star, **Cerrie Burnell**, will also be there with her exciting adventure story about being different, **Wilder than Midnight**.



**CERRIE BURNELL**

For younger children we have a world-exclusive. Author and illustrator Nicholas Allan will be revealing for the first time **The King's Pants** (some of you may already know and love one of his most famous books, **The Queen's Knickers**.)

There will be lots of other authors and illustrators for you to meet, some of them you may have heard of, some of them you may not. But all of them are worth seeing. Why not check some of them out before you come along: **Laura Ellen Adderson, Neal Layton, Jamie Littler, Gareth Peter, Kieran Larwood, Jules Harriner, Felicity Fair Thompson and Peta Rainford**

### FAQs

**Q: Do I need to get my tickets in advance?**

A: It's a good idea. Tickets are selling fast! Get them from [www.quayarts.org](http://www.quayarts.org)

**Q: How much are tickets?**

A: Some sessions are free, others cost between £3 and £6

**Q: Is it just for people who like reading?**

**NO!** The IW Story Festival isn't just about books! We've got lots of hands-on activities for you to get involved with – from making puppets to making rockets, illustrating comics to sewing a story. There will be storytellers and theatre performances too!

**More information from: [www.iwstoryfestival.com](http://www.iwstoryfestival.com)**

Registered charity number: 1198024



**THE DOG HOUSE  
IS BACK!**

Could you offer  
a rescue dog  
a loving home?

**Applications now open**

[www.channel4.com/4viewers/takepart/the-dog-house](http://www.channel4.com/4viewers/takepart/the-dog-house)



**Could you  
adopt a dog  
like me?**



**APPLY NOW**  
[www.channel4.com/4viewers/takepart/the-dog-house](http://www.channel4.com/4viewers/takepart/the-dog-house)

Could you provide a loving home for a rescue dog? The Channel 4 series, The Dog House is looking for couples, individuals, friends and families who are seriously considering bringing a rescue dog into their lives and are willing to share their reasons for doing so.

Please follow this link to apply: <https://www.channel4.com/4viewers/takepart/the-dog-house>

### COVID Vaccination News from the NHS

Solent NHS Trust are no longer running the COVID vaccinations on the Isle of Wight, instead, this being managed by St Mary's Hospital Vaccination Hub

We have the following Children's COVID Vaccination Clinics being held in the Children's Outpatients Department and are only available to book via the National Booking System (no walk-ins).

<https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

### Half-Term Clinics

#### For Years 5-11 and Years 12-15

Parents can book using the National Booking System

Held in Children's Outpatient Department, St Mary's

Monday 13 February 2023 08:00-11:00

Thursday 16 February 2023 13:00-16:00

Friday 17 February 2023 08:00-11:00

# Stay in control of your child's health

**NHS**

**Healthier Together is a website and mobile app** that has been developed by healthcare professionals to provide comprehensive advice for parents, young people and pregnant women.



*"It's like a mini doctor for you at home."*

Using an easy-to-follow traffic light system, you'll find clear information on common childhood illnesses, including advice on what signs to look out for, when and where to seek help if required, what you should do to keep your child comfortable and how long your child's symptoms are likely to last.



*"Brilliant. Simple, reassuring and helpful. Thank you!"*



Scan the QR code with a smart phone to visit **what0-18.nhs.uk**

Download the free 'Healthier Together' app



 @Health\_2gether  
 @Health2gether

Available on the App Store

GET IT ON Google play



# ADULT LEARNING

## Spring 2023

All classes take place at  
The Learning Centre, Westridge, Ryde,  
PO33 1QS unless otherwise stated.

\*Concessionary rates are offered to learners who are in receipt of specific means tested benefits.



### MULTIPLY

Does the thought of needing to do maths at work or at home make you anxious? Are you interested in **free** flexible courses to help improve your numeracy skills? Multiply is a new government-funded programme offering you free and easy-to-access courses and initiatives to help you brush up on your numeracy skills. Take your next step today and find courses and support to help.

For more information on Multiply courses being offered on the Island and to see if you qualify, please visit: [www.iow.gov.uk/multiply](http://www.iow.gov.uk/multiply)

### FREE ONLINE COURSES


A wide range of short courses are on offer through the Equal Learning Platform. New modules include:


Keeping Young People Safe Online, Stalking and Harassment Awareness, Suicide Awareness and Prevention, Menopause Awareness, Knife Crime Awareness and Understanding the Power of the Influencer.


**For more details, please contact [ad@iow.gov.uk](mailto:ad@iow.gov.uk)**


All classes are for adults (19+ years old)

For more information and to book your place please get in touch.

 [iow.gov.uk/ACLcourses](http://iow.gov.uk/ACLcourses)

 01983 817280

 [acl@iow.gov.uk](mailto:acl@iow.gov.uk)

 IWCACL

### IOT

#### Computers for Beginners

6 week course > Thursday 5 January to 9 February > 1pm to 4pm > Free

#### Computers for Beginners

East Side Curve, East Cowes Town Hall, York Avenue, East Cowes, PO32 6RU  
6 week course > Wednesday 22 February to 29 March > 9.30am to 12.30pm > Free

#### Essential Digital Skills For Life Level Entry 3

12 week course > Thursday 5 January to 30 March > 9.30am to 12pm > Free

#### Essential Digital Skills For Work Level 1

10 week course > Monday 9 January to 20 March > 9.30am to 12.30pm > Free

#### ICDL Word Processing Level 1 and 2

6 week course > Tuesday 3 January to 7 February > 9.30am to 12.30pm > Free

#### ICDL Spreadsheets Level 1 and 2

6 week course > Thursday 23 February to 30 March > 1pm to 4pm > Free



3102 089 1/22/23



## ART

### Drawing Skills

3 week course > Monday 23 January to 6 February > 10am to 1pm > £55/£32\*

### Drawing with Pastels

3 week course > Monday 20 February to 6 March > 6pm to 8.30pm > £48/£28\*

### Watercolour Still Life

Workshop > Wednesday 22 February > 10am to 3pm > £35/£22\*

### From Reality to Abstraction

3 week course > Thursday 9 to 23 March > 6 to 8pm > £40/£25\*

### Landscapes using Acrylic Paint

Workshop > Wednesday 29 March > 10am to 3pm > £35/£22\*

## HEALTH AND WELLBEING

### Introduction to Crystals and Dowsing

Workshop > Saturday 18 March > 10am to 12pm > £10/£5\*

### Indian Head Massage

Workshop > Sunday 22 January > 10am to 1pm > £15/£8\*

All classes are for adults (19+ years old)

## FREE CAREERS APPOINTMENTS

Advice and guidance to enable you to realise your potential, so that you can confidently take the next step into learning or employment.

For more details, please contact [ad@iow.gov.uk](mailto:ad@iow.gov.uk)

## CRAFT

### Embroidery for Beginners

2 week course > Thursday 19 to 26 January > 6pm to 8.30pm > £35/£22\*

### Knitted Ear Warmer

Workshop > Sunday 29 January > 10am to 2pm > £25/£15\*

### Weaving with Wire

Workshop > Saturday 25 February > 10am to 3pm > £35/£22\*

### Interior Design – Planning your Next Project

5 week course > Wednesday 1 to 29 March > 6pm to 8pm > £55/£30\*

### Applique Funky Tote Bag

2 week course > Friday 10 to 17 March > 10am to 2pm > £50/£30\*

### Crochet for Beginners

3 week course > Monday 13 to 27 March > 6pm to 8pm > £40/£25\*

### Natural Woven Wall or Window Decoration

Workshop > Wednesday 15 March > 10am to 3pm > £35/£22\*

### Island Life in Lino Printing


2 day course > Saturday 18 March and Sunday 19 March > 10am to 2pm > £50/£30\*


### Recycled Flower Wreath

Workshop > Friday 24 March > 10am to 3pm > £35/£22\*

For more information and to book your place please get in touch.

 [iow.gov.uk/ACLcourses](http://iow.gov.uk/ACLcourses)

 01983 817280

 [acl@iow.gov.uk](mailto:acl@iow.gov.uk)

 IWCACL

## WORKSHOP MORNING

£10/£5\*

Workshop > Sunday 5 February > 10am to 12pm

### Macrame Keyring

Produce a beautiful keyring using simple macrame knots.

### Painting with Tissue Paper

Explore ways of bleeding tissue paper to produce art that looks like a watercolour.

### Needle Felted Mini Picture

Create a mini landscape picture using merino fibres and needle felting techniques.

## INTERNATIONAL WOMEN'S DAY WORKSHOPS

£10/£5\*

Workshop > Sunday 5 March > 10am to 12pm

Open to adults 19+ with one accompanied child over 10yrs

### Weaved Wall Art

Make a woven wall hanging using mixed media and personal items.

### Springtime Wreath

Discover your creative skills and create your very own seasonal wreath.

### Felt Keyring

Create a colourful keyring and you'll never lose your keys again (hopefully).



Dear Parent/Carer,



## [Height and weight checks for children in Year 1 and Year 6](#)

Every year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). Your child's primary school took part in the programme last year.

Height and weight measurements are used to calculate weight status. We collect this information because it is in the public interest to understand how many children are overweight, healthy weight or underweight.

This year NCMP is taking part in a research project run by Newcastle University called MapMe. The MapMe project aims to support parental knowledge and awareness of child weight status and look at how child weight status changes over time. To do this, children now in Year 1 and Year 7 (those who were in Reception and Year 6 last school year) will be measured again.

We will share de-personalised data with the project team, including your child's date of birth, date of measurement, age, sex, height, weight, weight category, ethnicity, and publicly available information about the wider postcode that you live in, for research use.

If you would like more information on the MapMe project you can contact The 0-19 Public Health Nursing Team on 0300 123 5224.

### **Maintaining the well-being of children**

As you may recall, the checks are carried out by trained health care workers in the school nursing team. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils. As this measurement is part of the research project to look at weight changes over time individual results are not shared with you, your child, or their school.

Full study results will also be published on the MapMe study website at the end of the project in 2024.

### **The information we collect and what it is used for is listed below:**

- your child's date of measurement, sex and date of birth are used to calculate your child's weight category.
- your child's name, date of birth and NHS Number are used to link your child's measurements in Reception and Year 6. Other data sets may also be linked such as your child's dental survey results or any visits to hospital they may have had. Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health.
- your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England.

## How the data is used

The information collected from all schools in the area will be gathered together and held securely by the Isle of Wight Council. We will store your child's information as part of their local child health record on the NHS's child health information database and share it with their GP.

## Withdrawing your child from the Year 1 and Year 7 height and weight checks

If you are happy for your child to be measured, you do not need to do anything.

If you do not want your child's height and weight to be checked, please let us know using the contact details provided below:

Telephone :0300 123 5224

E-mail: [snhs.iowschoolnursing@nhs.net](mailto:snhs.iowschoolnursing@nhs.net)

Children will not be made to take part on the day if they do not want to.

Yours sincerely,



**Simon Bryant**  
**Director of Public Health**  
**Isle of Wight Council**

Safer Internet Day 2023 is on Tuesday 7<sup>th</sup> February and will be celebrated in the UK with the theme 'Want to talk about?..... Making space for conversations about life online'.

Our Education Partnership Team have produced 8 bite-size online safety videos for adults caring for young people.

The inputs cover subjects that parents and Schools have identified as the main area of concern for their children and young people whilst they are online. The videos are between 1 to 8 minutes long and we advise watching them in order.

We are inviting our Hampshire Schools to circulate this to parents and carers as part of Safer Internet Day. The intended audience is School Years 4 – 11 (Junior to Secondary School). However the content may be useful to all so feel free to share with all parents/carers,

To assist you with this we have attached 3 items to this email which can be circulated;

1. Information Sheet - this includes the video links
2. Feedback form

Transcript of videos

The videos are on the Hampshire and IOW Constabulary YouTube Channel so can be viewed on a standalone computer and mobile devices. See more information by clicking [here](#).

# It's not easy being wheezy

## Join our winter **wheeze** webinar

- Does your child suffer with wheeze when they have coughs and colds?
- Have they been given an inhaler?
- Are you unsure what any of this means?



The Paediatric Respiratory Nursing Team from Frimley Health are running an online education session where you can learn more about your child's symptoms





## Hello, is it you we're looking for?



Family life can be a challenge. Could you be a home visiting volunteer and help a family with young children in your area?

**How much time do I need to give?** Most home visitors give a couple of hours each week.

**Where would it be?** At the family home

**What does it involve?** The role is varied as every family is different. A Home-Start volunteer is a helping hand and a listening ear. Your time with the family could include:

- Talking and listening
- Having fun with children
- Supporting families to get out and about
- Practical help

**Do I need any special skills or experience?** Non-judgemental with an understanding of the challenges of family life, kind and compassionate, great organisational skills, practical, enthusiastic. Most volunteers have parenting or caring experience, for everything else, full training is provided. Training is a combination of online and face to face sessions. All volunteers receive regular support from a named co-ordinator.

All home visiting volunteers are subject to an enhanced DBS check and references are required.

For more information or an application form please email [admin@homestarttow.org](mailto:admin@homestarttow.org) call 01983 533357, or visit our website [www.homestartisleofwight.org.uk](http://www.homestartisleofwight.org.uk)

We look forward to hearing from you

## Hello, is it you we're looking for?



Becoming a new parent can be a challenge and at Home-Start we know the value of supporting parents as early as possible. We are looking for Bumps & Babies home visiting volunteers in your area?

**How much time do I need to give?** Most home visitors give a couple of hours each week.

**Where would it be?** At the family home

**What does it involve?** The role is varied as every family is different. A Home-Start volunteer is a helping hand and a listening ear. Your time with the family could include:

- Talking and listening
- Helping parents feel more prepared for parenthood
- Practical help & emotional support before baby comes along
- Supporting parents to feel more confident
- Practical help & emotional support after baby is born
- Supporting parents to get out and about
- Cuddling a baby!

**Do I need any special skills or experience?** Non-judgemental with an understanding of the challenges of family life, kind and compassionate, great organisational skills, practical, enthusiastic. Most volunteers have parenting or caring experience, for everything else, full training is provided. Training is a combination of online and face to face sessions. All volunteers receive regular support from a named co-ordinator.

All home visiting volunteers are subject to an enhanced DBS check and references are required.

For more information or an application form please email [admin@homestarttow.org](mailto:admin@homestarttow.org) call 01983 533357, or visit our website [www.homestartisleofwight.org.uk](http://www.homestartisleofwight.org.uk)

We look forward to hearing from you

## Hello, is it you we're looking for?



Family life can be a challenge. Home-Start runs Family Group sessions for parents and their young children. Could you volunteer in a group and help make their time together special?

**How much time do I need to give?** Group sessions are 2 hours each week during term time.

**Where would it be?** Groups take place in Newport, Ryde, East Cowes & Shanklin

**What does it involve?** A Home-Start Family Group volunteer is a helping hand and a listening ear. Working alongside the Family Group staff you will:

- Provide a warm welcome to parents & children
- Support children to enjoy the fun activities on offer
- Help with setting up and packing away
- Offer a listening ear to parents who need time to talk
- Give practical help to parents with more than one child to give them the opportunity to spend 1:1 time with each of their children

**Do I need any special skills or experience?** Non-judgemental with an understanding of the challenges of family life, kind and compassionate, practical, enthusiastic, creative, an understanding of child development would be an advantage and most importantly a willingness to join in with the singing! Most volunteers have parenting or caring experience, for everything else, full training is provided.

All Family Group volunteers are subject to an enhanced DBS check and references are required.

For more information or an application form please email [admin@homestarttow.org](mailto:admin@homestarttow.org) call 01983 533357, or visit our website [www.homestartisleofwight.org.uk](http://www.homestartisleofwight.org.uk)

We look forward to hearing from you