Issue 6 10/10/25

Queensgate Newsletter

A newsletter for the pupils, families and staff of Queensgate Primary

INSIDE, WE ALSO TALK ABOUT:

Visiting Authors Pg 2

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Menu - Pg 7

Author Visits

Dear families,

Today we were visited by not one, but two authors! Years 3, 4, 5 and 6 were entertained by Andy Stanton in the hall for an hour in the morning. Then 30 children from various year groups were selected (based on their ability to follow the school code and values every single day) to work with Kev F Sutherland. Here is what the children thought:

He was so funny! I couldn't stop laughing!
Charlie S

This has been the best day of my life!
Oliver C

Working Together for a Successful Future

Author visit

The children working with **Kev F Sutherland** had an amazing time - he drew caricatures of each child. They also worked with him to create some amazing comic strips. Here is something he drew as the children entered and were doing their own drawings!

It was so much better than I thought it would be!
Daniel G

I loved it!

Evelyn D

Andy Stanton

"He was so funny!" I couldn't stop laughing!"
Charlie S

"I really liked his talk!" Arthur K

"The kids want all of his books now!" Mrs Tate

Riding of scooters and bikes on site

Please can I remind all parents to ask their children not to ride or cycle their scooters and bikes whilst on school grounds. There are always lots of people about and some of the riding and scooting I've seen is very dangerous and an accident waiting to happen. I will remind children in Years 5 and 6 during assemblies and whilst on the gate in the morning. But please can children in lower year groups be reminded by their accompaning adult.

Play equipment at the back of the school

Sorry for having a double moan but I really need to remind parents that the play equipment at the back of school should not be played on by ANY child either before school or at the end of the day. Queensgate will not be liable for any accidents should they occur during these times when children are not supervised by school staff. As the weather worsens the equipment will get slipperier so please ensure that your children do not play on the equipment. Thank you for your support and understanding in this matter.

Go Yellow for Mountbatten Hospice

Today, we supported Mountbatten 'Go Yellow Day', some children wore green to show their support for World Mental Health Day too. It was great to see so many children make the effort as these two colours are not that common! Thank you for sending in donations, in total we raised **£300.00**

Interim Reports

You will find your child's Autumn term report on Compass from Monday. To save money on printing costs and paper we have decided not to print out reports to give at Parents/Carers evenings next week, instead they will be referred to in the meetings. Please ensure you have looked at these reports before meeting the teacher so that you fully aware of the targets / next steps. If your child has a Pupil Passport, then the report will be blank, but you will get a physical copy of the Passport at Parents/Carers evening. If you haven't yet booked your slot please do so on Compass.

Waitrose Community Matters Donation Scheme

I am pleased to inform you that Queensgate Foundation Primary School has been chosen for Waitrose & Partners East Cowes Community Matters donation Scheme for October/November/December which started on Wednesday October 1st.

Waitrose are bringing back their green token scheme so customers can be part of the donation process. There will be three charities who will be sharing a total donation of £3000 (£1,500 £1,000 and £500) depending on the total token amount each receives at the end of December..

Please if you shop in Waitrose can you put a green token in Queensgate - it would be amazing to receive the £1,500!

Important Safeguarding Notice: Children's "Spy" Books

We want to make you aware of a recent issue affecting some popular children's books by Andrew Cope, including the Spy Dogs, Spy Cats, and Spy Pups series.
Some editions of these books include a printed web address at the back. This link used to go to the author's website, but the domain is no longer under his control. It has since been taken over by another party and now leads to inappropriate adult content. The publisher, Puffin, has paused sales and distribution of the books and is working with schools, libraries, and retailers to remove copies from circulation. They have stressed that the website has no connection to the author or publisher.

What this means for you:

- If your child has any Spy Dog, Spy Cat or Spy Pups books at home, please check the back for website links and make sure they do not try to visit the site.
- It is safe for children to continue reading the stories themselves — the concern is only with the outdated link.
- We recommend talking with your child about the importance of not following web addresses in books without checking with an adult first.

Staffing News

It is with regret that Queensgate is to lose three long standing members of the staffing team at Christmas. Mrs Selle (School Business Manager), Mrs Debbie Purdue (School Bursar) and Mrs Dawn Jacobs (Teaching Assistant) are all going to retire. You may well see an advert out for a combined Business Manager and Bursar role, we will not be replacing Mrs Jacobs' role - not only because by her own admission she is "irreplaceable!" but because budget savings need to be made due to falling numbers on roll.

Queensgate Foundation Primary School

Queensgate Foundation Primary School
'Working Together for a Successful Future'
Website: www.queensgateprimary.co.uk

Permanent School Business Manager

Required to start 1st January 2026
NJC Scale point 29 Actual £37,125.32 - depending on experience

Queensgate Foundation Primary School is seeking an **inspirational and dynamic School Business Manager** to join our exceptional team. As a **key member of the school's leadership team**, you will play a vital role in shaping strategy, driving improvement, and ensuring the very best outcomes for children. This is a fantastic opportunity for a skilled professional who thrives on challenge and wants to make a real difference.

What We Offer:

- An exciting and rewarding role within a supportive, collaborative environment
- A forward-thinking leadership team who place children at the heart of every decision
- A modern, well-equipped school building and facilities
- A dedicated, welcoming, and friendly staff team
- Excellent opportunities for professional development and career growth

What We're Looking For in a Team Player. Someone who:

- Thrives in a positive, solution-focused environment
- Can confidently develop, implement and evaluate effective business strategies
- Demonstrates excellent written and verbal communication skills
- Has strong organisational and planning abilities, with the capacity to prioritise and meet deadlines

Discover Queensgate

We warmly encourage visits to our school to experience the Queensgate ethos in action. Come and see what makes our school community such a special and inspiring place to work.

To arrange a tour, please call (01983) 292872 or email admin@queensgateprimary.co.uk.

How to Apply

Application packs and further information are available on our school website: www.queensgateprimary.co.uk
Alternatively, you can call or email the school on the above details.

Closing date: Monday 13th October 2025, 12 noon
Interview date: Thursday 16th October 2025

Queensgate Foundation Primary School is committed to safeguarding and promoting the welfare of children.

All appointments are subject to enhanced DBS disclosure and satisfactory references.
Online social media checks will be conducted for all shortlisted candidates.

Queensgate Out & About

Out and About this week...

Our **Year 2** Out and About children had a super time creating land art on the beach at St Helen's. The children were challenged to create a sculpture inspired by the story, The Dot, by Peter Reynolds and artist, Jon Foreman. The children worked well in small groups to discuss their ideas and work collaboratively together.

On Tuesday afternoon, our **Year 4** children visited Briddlesford Farm, as part of their Geography topic on farming. The children learnt about how the farm is run, met the calves, found out about the milking process and tasted some delicious Briddlesford milk! In class, the children had created a list of questions to ask the farmers, which they confidently asked throughout their visit.

"We learnt about how they feed the cows, how they milk the cows and we got to meet the calves." Gracie-Mai

"We went to Briddlesford Farm. It's a dairy farm. There were calves, some were only a week old. If they were girls they will be used for milk and if they are boys then they're for meat." Pippa

"I learnt that cows have 4 stomachs and the calves only have hard gums. They kept licking my trousers. Mostly I enjoyed seeing the calves. We tried some milk at the end- it was really good!" Jesse

Queensgate Out & About

We had a slight change of plan on Wednesday due to the tides so our **Year 3** Out and About team walked up to the Longstone at Mottistone (in readiness for their next topic on the Stone Age). The children loved their adventure and had fun exploring the woodland, spotting fungi and learning about the Neolithic standing stone.

"We went to the Longstone. It was there in the Neolithic times. I found two ladybirds on our walk. We had a really good adventure. It was really fun!" Evelyn

"It was a big stone that used to be a gate where they buried bodies. We saw lots of mushrooms and we counted 61! Some of them were red and some were beige or white." Rosie

On Wednesday afternoon, our **1CE** Out and About group visited Borthwood Copse to discuss their senses, spot signs of Autumn and create nature portraits. The children enjoyed gathering leaves, acorns, chestnuts, moss and lichen to create silly faces. They identified which trees are deciduous and which are evergreen, then listened to Autumn themed stories in the copse.

"We learnt about senses. We found autumn leaves and acorns and we made faces! I really enjoyed it!" Tilly

Queensgate Out & About

Out and About next week...

Please can children wear their PE kits for Out and About (PE T-shirt, school sweatshirt, navy joggers/leggings) and suitable trainers or wellies. As the weather can be a little unpredictable, please send your child with a waterproof coat (and waterproof trousers if they have them). Many thanks for your support.

Tuesday 14th October am
Year 2 (2JM)
Beach Sculptures
Clayton, Dylan, Jovi, Hunter, Coen, Elizabeth, Charlie, Molly, Niamh, Lyla-Rose, Theo WF and Joshua W.

Tuesday 14th October pm
Year 4 (4KG)
Briddlesford Farm
*Please note, it is compulsory for all children to wear wellies on the farm. We have a limited number to lend out. Please let a member of staff know if your child needs to borrow boots.
Poppy, Marleigh-Rose, Corey, Jimmy, Harry N, Jack P, Edward, Eli, Paisley T, Max, Arlo, Clara, AJ and Logan.

Wednesday 15th October am
Year 3 (3AH)
Brook Beach
Ace, Arthur, Isabelle, Lenny, Matteo, Inara, Verbena, Holly, Sophie, Rosina, Nathan, Sully, Luke and Raemarni

Wednesday 15th October pm
Year 1 (1CE)
Borthwood Copse
Ethan, Rafferty, Zia, James, Alex, Oscar, Clover, Cece, Darcie, Rosie and Ada.

Cooking Next Week

These children have cookery next week please can they bring in a **container...**

Monday 13th October these following children in Year 6 will need a container suitable for Quesadilla..

Vincent, Dylan, Fletcher, Tommy, Harry, Harvey R, Tyler, Ben, Harvey, Destiny, Georgia, Paloma, Ella, River, Elliott.

Tuesday 14th October these following children in Year 5 will need a container suitable for Mexican Bean Soup..

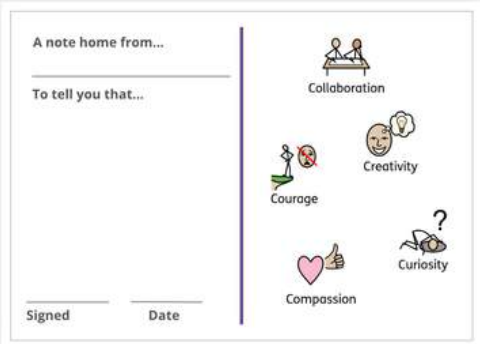
Ethan, Ralph, Theo, Freddie, Bonnie, Luca, Danielle, Peyton, Corey, Samuel, Arlo, Benjamin.

Wednesday 15th October these following children in Year 1 will need a container suitable for Pizza..

Albie, Luna, Harvey, Isaac, Ellisa, Marley, Raiyn, Demi, Andy, Dexter, Ernest, Elliott.

If your child attends Cookery Club on either Monday or Tuesday please can they bring in a container every week!!

Good News cards Recipients this week



RLM - Daisy, Archie

RJB - Monty, Ayla, Lilah

1CE - Cece

1SC - Finley S, Elliott C

2JM - Ezra, Jovi

3PT - Whole class

3AH - Matteo

4KG - Amelia-Lily, Deva-Mae, Pippa

4MW - Lexi, Paisley, Figgy, Charlie, Seb, William

5RA - Ellie, Daisy, Mia, Callum, Adeline, Esmae, Archie, M

Riley, Amber, Luna, Dexter, Ollie, Kamahlie, Juniper, Milana, Lilly

6TM - Mia, Lily, Levi, Jesse (2), Charley, Flynn, Freddie, Ruben, Keian

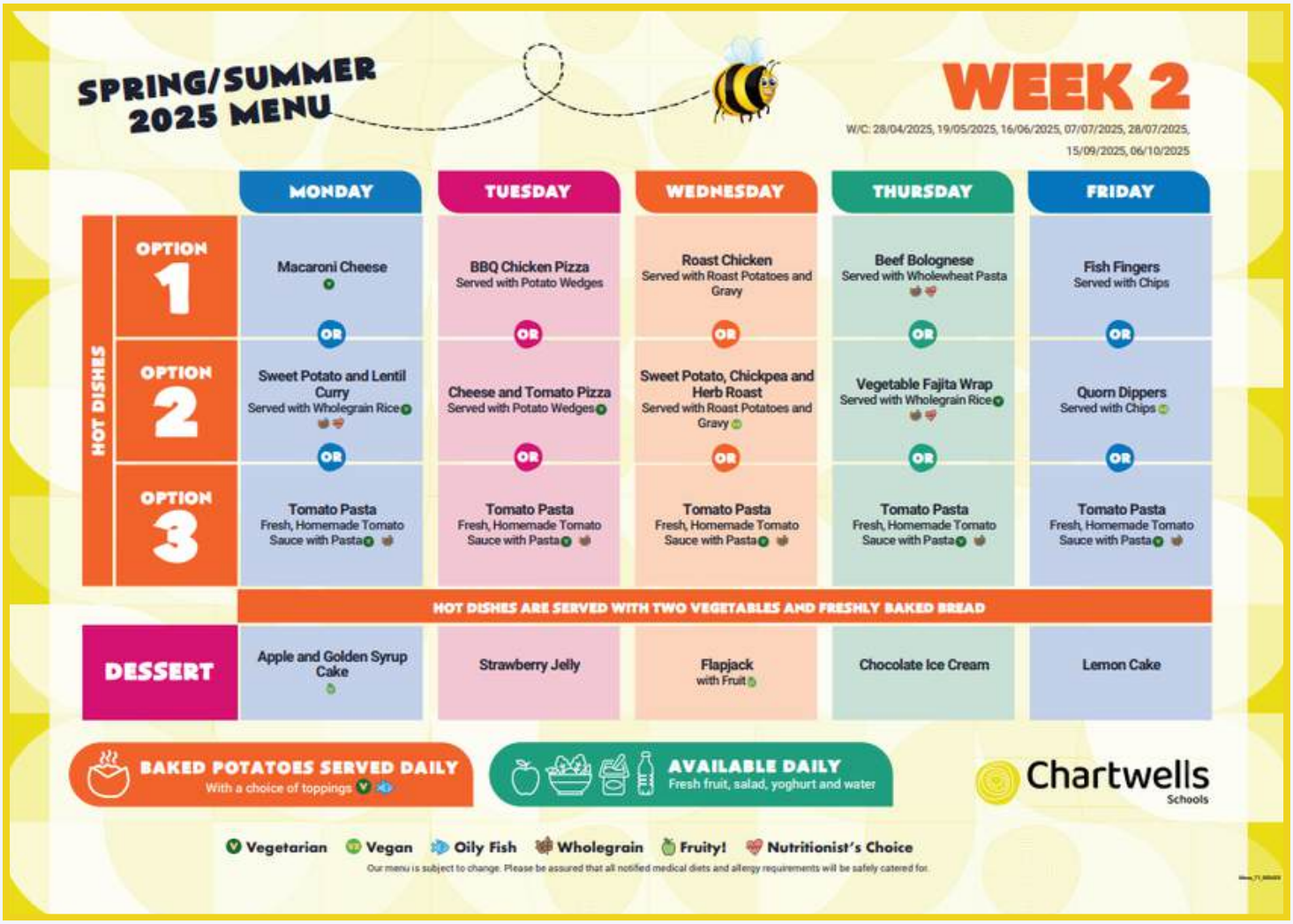
Attendance

Whole School Attendance since 3rd September is 95.06%

Whole School Attendance this week is 93.66%

KS1 Class with best attendance this week is RLM with 100%

KS2 Class with best attendance this week is 6LR with 99.26%



SPRING/SUMMER 2025 MENU

WEEK 2

W/C: 28/04/2025, 19/05/2025, 16/06/2025, 07/07/2025, 28/07/2025, 15/09/2025, 06/10/2025

HOT DISHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese	BBQ Chicken Pizza Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese Served with Wholewheat Pasta	Fish Fingers Served with Chips
OR	OR	OR	OR	OR	OR
OPTION 2	Sweet Potato and Lentil Curry Served with Wholegrain Rice	Cheese and Tomato Pizza Served with Potato Wedges	Sweet Potato, Chickpea and Herb Roast Served with Roast Potatoes and Gravy	Vegetable Fajita Wrap Served with Wholegrain Rice	Quorn Dippers Served with Chips
OR	OR	OR	OR	OR	OR
OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	Apple and Golden Syrup Cake	Strawberry Jelly	Flapjack with Fruit	Chocolate Ice Cream	Lemon Cake

BAKED POTATOES SERVED DAILY
With a choice of toppings

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Chartwells Schools

Vegetarian · Vegan · Oily Fish · Wholegrain · Fruity! · Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chat READ Play

Best wishes,

Robin Chubb
Acting Headteacher

Working Together for a Successful Future

EST. 1923
BRIDDLESFORD

VISIT BRIDDLESFORD FARM OPEN 7 DAYS A WEEK!

ALL ACTIVITIES ARE FREE FOR CAFE OR FARM SHOP CUSTOMERS!

Meet the Calves every day, situated next to the cafe.

Relax in the Bluebell Cafe - Enjoy barista coffee with our signature unhomogenised Guernsey milk, homemade cakes and delicious breakfast and lunches.

Explore the Old Hopkilns. Step into our Heritage Centre with hands-on displays and stories from Briddlesford's farming past.

Browse our farm shop and discover delicious local produce.

briddlesford.co.uk

EST. 1923
BRIDDLESFORD

WELLY WEDNESDAYS THIS HALF TERM!

EVERY WEDNESDAY DURING HALF TERM
£5 CHILDREN, £10 ADULTS

Looking for a family adventure this half term? Bring the children along 2pm-4pm for an afternoon of fresh air, learning and farmyard fun.

Meet our friendly Guernsey cows
Discover where milk comes from
Fun hands-on activities for children
Don't forget your wellies!

Book your family spot today
and make half term unforgettable!

briddlesford.co.uk

Sandown Soccer - Isle of Wight

SANDOWN SOCCER at The Bay CE Secondary

FOR CHILDREN AGED 4–12

Week 1: 20th - 24th October
Week 2: 27th - 31st October
10 DAYS OF FOOTBALL FUN!

Mini-Soccer camp for children. Aiming to provide a **fun** and **enjoyable** environment whilst **developing** and **improving** players footballing ability!

10AM - 3PM

- FA Qualified coaches with enhanced DBS and up to date first aid and safeguarding training.
- Fun football games to develop agility, balance, coordination and speed!
- Win medals by becoming Penalty, Keepy-uppy, Crossbar or Speed Champion as well as our Best Attitude, Most Improved and Future Star awards!
- Take part in the Sandown Soccer World Cup where one team will be crowned WORLD CHAMPIONS!!!

Win Player Of The Day trophies and t-shirts!

5 hours of fun EVERY day!
10am - 3pm
Inclusive football for ALL abilities!

Only £15 a day
Special Discounts!
5 days only £67!
Sibling Discount available!

Have questions or would like more information?
Contact Lewis (Mr Mitchell)
sandownsoccer@yahoo.com
07594 389531

SANDOWN SOCCER

Children are welcome to come for one day or for ALL the days!

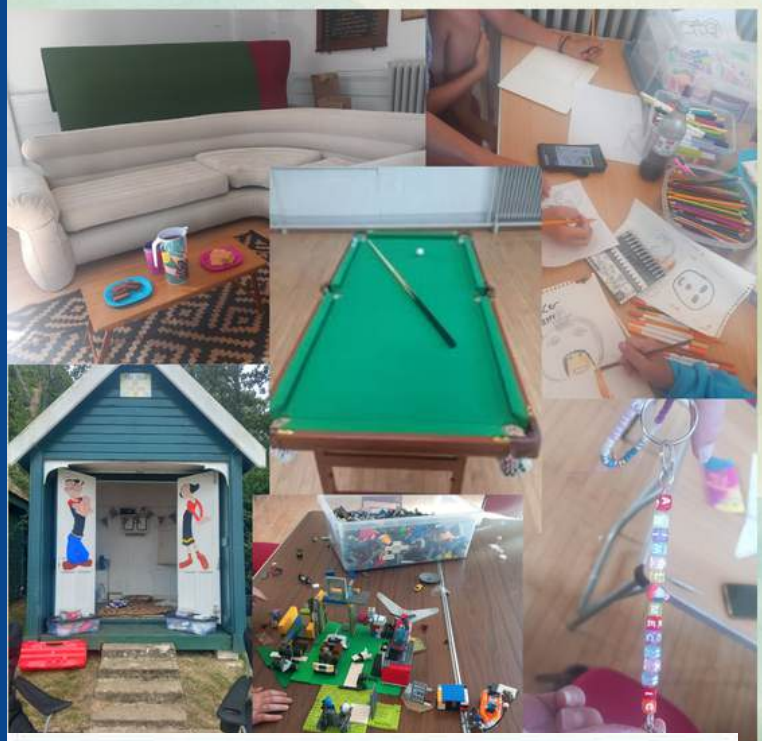
Attend at least 4 out of the 5 days during the week and win a medal for all of your hard work!

To book a place text your child's name, school year, dates and your name to 07594 389531

East Cowes Youth

East Cowes Town Hall. Wednesdays 4-5.30pm

Chill out area, pool table, Lego, crafts, art, games, badminton and specialist workshops with artist and performers.
This is a drop in session so just turn up. Please bring a parent to sign you in the first time. Snacks and drinks provided all for just 50p, and the first week is free!
For more info please email rblachford@actioniw.org.uk



ISLE OF WIGHT

TAE KWON-DO CLUB

07920 180120

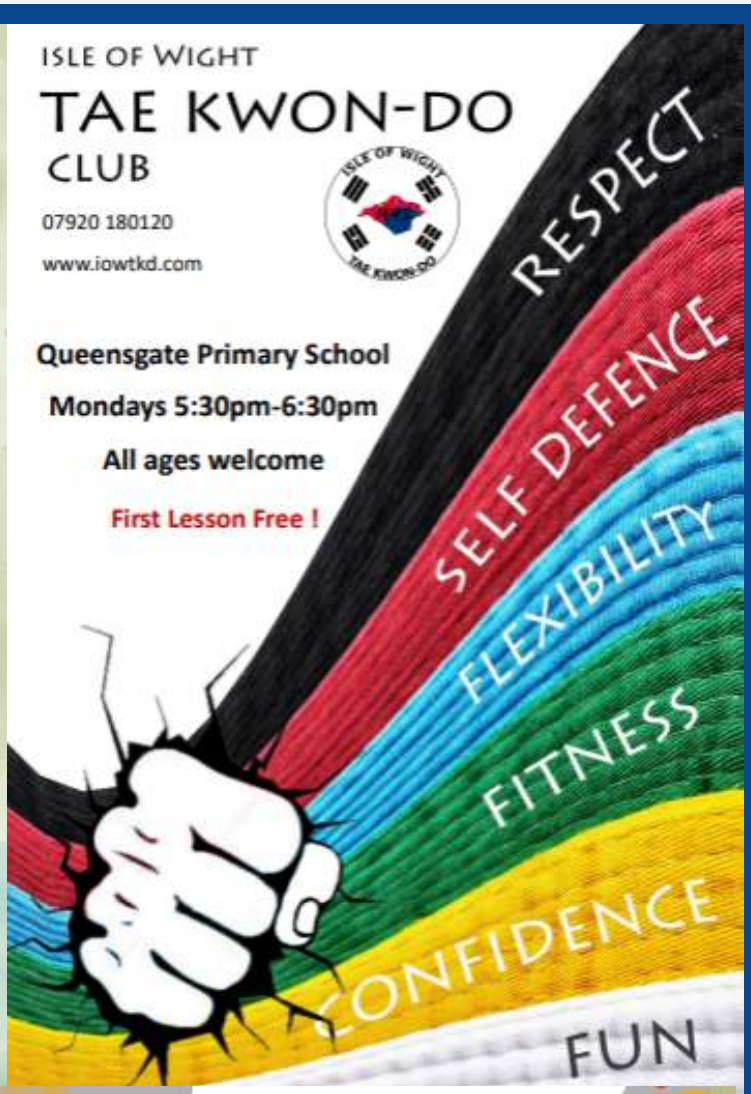
www.iowtkd.com

Queensgate Primary School

Mondays 5:30pm-6:30pm

All ages welcome

First Lesson Free !



Are you a Parent or Carer of a child aged 6-12 years?

Does your child have a diagnosis of ADHD and are they experiencing sleep problems?

SleepBuddy

The University Hospital of Southampton and Southampton Clinical Trials Unit are running a study. The study aims to test whether a new **website Sleep Buddy**, which has been designed by medics and psychologists, improves sleep problems in children aged 6-12 years with an ADHD diagnosis.

You can take part if...

- ✓ Your child is aged 6-12 years.
- ✓ Your child has a diagnosis of ADHD (including ADD).
- ✓ You have noticed that your child is experiencing problems falling asleep.
- ✓ You can read and understand English without assistance.

How do I find out more?

Visit the **study website** by scanning the QR Code, or follow this link: https://www.trial-deck.com/trial/sleepbuddy?reg_code=PTWrxDdlSa

You can also **contact the study researcher** by calling 0330 1334 689 or emailing sleepbuddysupport@soton.ac.uk.

University Hospital Southampton NHS | NIHR | Hampshire and Isle of Wight Healthcare NHS

Sleep Buddy Flyer Southampton Hub- Community Paediatric Nursing (Schools)
Version 1 08 Dec 2024 IRAS ID: 349971 REC reference: 25/WS/0007

October 2025
Issue 17

MHST Newsletter

iownt.mhst@nhs.net ~ 0300 365 4010

MHST Update:

- Welcome back to a new school term!
- We held transition workshops in August and early September to help support year 6s transitioning up to secondary school/college. If any of the new year 7s require more support coping with starting their new school, please speak with the school's Designated Mental Health Lead who can refer them into our service.
- Our team have been attending the year 6 open days at some of the secondaries that we work with. Our MHST works in all of the mainstream secondaries on the island and are happy to help students with the transition up to secondary school/college.
- Over the summer, we held intensive groups supporting young people with their anxiety or emotions. These were beneficial for those who attended, but we'd like to work on increasing the number of students who attend these workshops for next summer.
- We also developed and expanded our primary Whole School Approach programme over the summer which is explained in more detail on the third page. We have started offering these workshops to schools and have already delivered some.
- Our team recently enjoyed a team day where we were able to share what has been going well and what needs improving. Moving forward, some of our processes may change, but we will communicate to schools as and when appropriate.

The MHST are now working in 47 educational sites.

67% of our transition workshop attendees were more confident with the move up to secondary after the summer workshop

We assessed 43 young people in August.

94% of referrals that had an assessment in August waited less than 4 weeks

youth trust | BARNARDO'S | NHS Hampshire and Isle of Wight Healthcare | mental health support

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust

Tips to help with your mental health:

Use your phone for something different to get outdoors and in nature every day... identify trees by recognising leaves, sticks, tree shape and even bark! We are surrounded by trees most of the places we go, especially on the island, but do we know much about them?

Noticing our surroundings and taking time to understand and appreciate our living landscapes can help us feel connected to nature – we can feel more grounded and less trapped in our own thoughts, which can happen during school holidays when we are away from our usual routines and friends. Sometimes it can feel like everyone else is busy having fun without us, but often having some time outdoors can help shake that feeling and improve our mood. So, try taking yourself for a walk – or invite along a friend or family member – and use a phone app to identify different trees along the way, such as this one from the Woodland Trust: https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/tree-id-app/

You could collect the information and photos of your trees to share with someone else – you'd be surprised how good it feels to know which trees are which, just by looking at them, and some interesting facts about them. Try it!

IDEA:
You could maybe take fallen leaves home and make a wreath?

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust

We have recently launched our new Facebook page, please follow us so you can find out more about our team as well as keep up-to-date with what we have been up to. We have struggled to find some of our school's pages, so please send us the link if we are not yet tagging you in our posts. We have already had people enquire about our workshops after seeing them on our Facebook page.

Primary Whole School Approach Programme

Over the summer, we have adapted our primary Whole School Approach (WSA) programme which offers workshops to specific year groups. Your child's school may not offer all of these workshops, as they are dependent on school need. Below is some of what we offer:

- Reception - **Let's Explore Emotions** - Introduce the idea that emotions can be felt in the body. Help children begin identifying how different feelings show up in their bodies. Normalise all emotions as part of being human.
- Year 1 - **Emotion Explorers** - Identify basic emotions (happy, sad, angry, scared, surprised, etc.). Understand that people express emotions in different ways. Recognise that the same facial expression may represent different feelings. Begin to show empathy and awareness of others' emotions.
- Year 2 - **What To Do With Worries** - Understand that everyone has worries. Recognise what a worry might feel like. Know that sharing a worry can help. Develop simple strategies to manage worries.
- KS2 - **The Big 5 - (5 Ways To Wellbeing)** - Understand the five key ways to support their wellbeing. Reflect on things they already do and what they'd like to try. Listen to and share ideas with others.
- KS2 - **Sleep Superpowers** - Understand why sleep is important. Learn simple and age-appropriate skills to build a bedtime routine.
- KS2 - **Building Resilience** - Understand that change is a normal part of life and learn simple techniques to manage change.
- Years 5&6 - **Worry Management** - Recognise that worry is a symptom of anxiety. Understand that worries can be practical and hypothetical. Learn simple techniques to manage hypothetical and practical worries.
- Years 5&6 - **Low Mood Awareness** - Understand that everyone feels sad or low sometimes – and that this is a normal part of being human. Be able to spot signs that low mood is affecting their daily life – like feeling tired, not wanting to join in, or stopping fun activities. Learn that what we do can change how we feel – and that doing Identify ACE behaviours which can help boost their mood.

A huge thank you to all of our schools for their continued support. We wouldn't have been able to achieve so much without it. We look forward to this continued support in 2025/2026.

Services who can support your mental health over the half term:

Samaritans
116 123
jo@samaritans.org
Calls will be answered quickly. Emails are replied to within 24 hours.

NHS
111
OR
Visit A&E

The Mix
Crisis Messenger: Text; THEMIX to 85258

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust

WESTOVER FARM PUMPKINS

PICK YOUR OWN PUMPKIN PATCH

Hot & cold refreshments
Free entry & parking
Photo opportunities
Kids scavenger hunt
Play area
Pumpkin carving
Face painting
Pick your own sweetcorn

October 2025
4th - 5th
10th - 12th
17th - 19th
22nd - 26th
29th - 31st

@WestoverFarmIW

www.westoverfarm.godaddysites.com

Westover Farm, Calbourne, IW. PO30 4JW

Please note: Patch may close in bad weather, updates are posted on social media.
Friday mornings are ticket only-payable in advance.

Pumpkin Patch Playtime for Little Pumpkins

Join us on Friday mornings for a special Pumpkin Patch Playtime session for Little Pumpkins.

Fridays 10am - 12pm

Tickets cost £10 per child and include:
Entry to the pumpkin play patch
Hot chocolate and storytime
Pumpkin crafts
Patch scavenger hunt
Goody bag

To book: https://westover-farm-pumpkins.sumupstore.com

WESTOVER FARM PUMPKINS
@WestoverFarmIW
Westover Farm, Calbourne, IW. PO30 4JW

Patch may close in bad weather, updates are posted on social media.

HALF TERM

Netball

RUN BY ELLY MOORE - EXPERIENCED COACH FROM GRASSROOTS TO INTERNATIONAL!

SESSIONS:

DATE AND LOCATION	TIME, YEAR GROUP AND COST
28.10.25 LIFT RYDE	10AM - 12.30PM. YR 2-5. £10
28.10.25 LIFT RYDE	1PM-4PM, YR 10-13. £12
30.10.25 COWES EC	10AM-12AM, YR 4-6 £8
30.10.25 COWES EC	12.30 - 3PM, YR 7-9 £10

ALL PLAYER LEVELS WELCOME!

BRING ALONG YOUR FRIENDS

Ready. Net. Go!

Shorwell Netball

HOW TO BOOK:

SEND NAME OF PLAYER, DOB, SESSION/S BOOKING, GUARDIAN NAME AND CONTACT DETAILS BY TEXT OR EMAIL TO 07785750266 OR EASELBY47@GMAIL.COM