



# Queensgate Newsletter

*A newsletter for the pupils, families and staff of Queensgate Primary*



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## MUFTI Day next Friday!

Dear Families,

### Mufti Day Next Friday

On Friday 29th November, Queensgate are having a Mufti Day. The children do not need to come to school in their uniform, but can wear what they would like (please ensure all outfits are warm and suitable for a school day). In exchange, we are asking the children to bring an item or items in for our tombolas for our Christmas Fair, which is on Friday 6th December. If your child is in Reception, Year 1, Year 2, Year 3 or Year 4 please can they bring in chocolate items for the chocolate tombola (no nuts please). If your child is in Year 5 or Year 6 please can they bring in toiletries so that the PTFA can make hampers for the Christmas fair?



## Anti-bullying Week

Last week was anti-bullying week and last Tuesday was Odd Socks Day. This reminded the children how unique and special they are. The Anti-bullying Ambassadors did really well, selling all the bracelets and wristbands making a total of £115.00. The Anti-bullying Ambassadors would also like to thank Dean Richards (a grandad to children at Queensgate) for his generous donation meaning that they can afford printed tabards, so they stand out well on the playground.



## Assessment Week

This week the children in **Years 2, 3, 4, 5 and 6** have been carrying out assessments to check on what they have learnt and retained this term. Have a chat to your children about how their tests went, so they know you are interested. The children know what the word resilient means and have been resilient in their tests.

## Multiplication Check Information for Families

In **Year 4** each child will sit a national multiplication check in May. Here is the information that parents of children in Year 4 need to know.

[https://assets.publishing.service.gov.uk/media/6724ae64c053e87b6a0a81e4/Information\\_for\\_parents\\_multiplication\\_tables\\_check.pdf](https://assets.publishing.service.gov.uk/media/6724ae64c053e87b6a0a81e4/Information_for_parents_multiplication_tables_check.pdf)

Please have a read and support your child at home to learn all of their times tables and related division facts too, for example,  $7 \times 9 = 63$ ,  $63$  divided by  $9 = 7$ .

## PTFA Christmas Events

We are so grateful to everyone who has volunteered so far to help us out at our Christmas events. If you haven't but would like to volunteer at either event we still need some extra help please.

### Christmas Neon Disco:

Tuesday 10th December

Reception - 3:15pm - 3:45pm - £2 per child

Years 1-3 - 4pm - 5:15pm - £2.50 per child

Years 4-6 5:30pm - 6:45pm - £2.50 per child

Refreshments will be available during both Year 1-3 and Year 4-6 discos.

Children are allowed a max of £2 for refreshments and it will be CASH ONLY

Year 5 and 6 **MUST** be collected at the end of the disco as they are not able to walk home alone due to it being dark.



### Christmas Fair:

Friday 6th December 3:10pm - 4:30pm

Year group stalls

Games & Prizes

Tombola's - chocolate, toiletries, jars, general

Raffle

Crafts

Santa's Grotto

Refreshments

CASH ONLY

Grotto bookings will be released on Classlist shortly, we anticipate the grotto will be popular and our time slots are limited. You must book in advance.

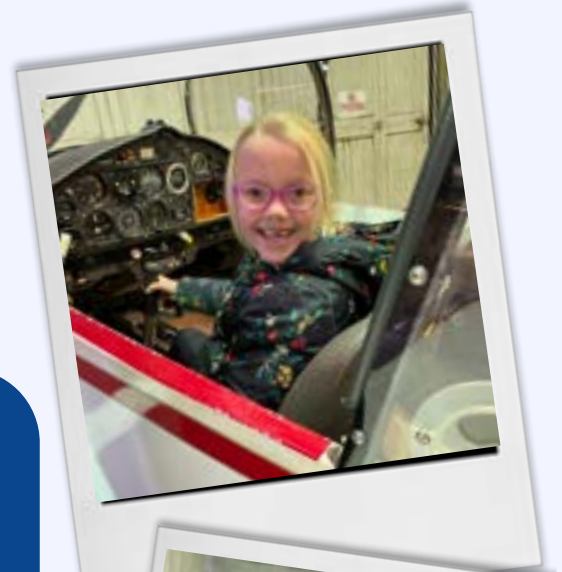




# Queensgate Out & About

After Christmas, our **Year 2** children will be learning about the history of flight. In readiness, the Out and About group visited Bembridge Airport to learn more about aeroplanes. The children went into the air traffic control office and found out about how pilots communicate and how visitors to Bembridge take off and land. The group went inside one of the hangars and were allowed to sit in one of the four seater planes. They used the joystick to practise moving parts of the plane.

*'We went to Bembridge Airport and we got to see planes in the hangar. We got to sit in the cockpit of one of the planes and move the elevator, ailerons and the rudder. We got to see a cute little puppy too!'* Sadie  
2KG

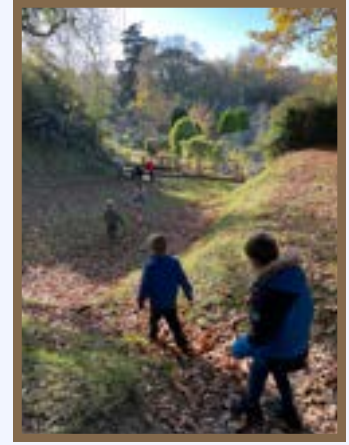


The children in **Year 5** have been practising using compasses this term. On Tuesday afternoon, the 5TS Out and About group followed a trail across the causeway at Bembridge Harbour and around St Helens Duver. They had to use their compasses to get the correct direction, they also read six figure grid references on an OS map to locate where they were.



# Queensgate Out & About Continued

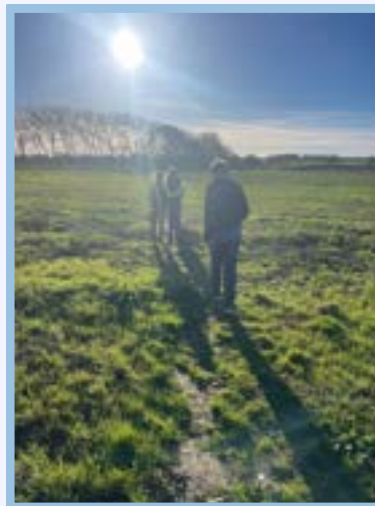
On Wednesday morning, our **Year 1** Out and About group went on a hunt around Puckpool Old Battery to find a lost toy. The children used their phonic knowledge to read clues and follow a trail. They demonstrated fantastic enthusiasm and teamwork. The group enjoyed a hot chocolate (to warm up) and had fun playing in the park together.



*"We went to the park to play. We had to look for the lost teddy. I liked going on the swing!" Jovi*

*"We had to look for a missing Pirate teddy. We had to read some messages to help us find him. I found him, hiding behind the old broken-down house. My favourite bit was playing in the park." Ezra*

Our **Year 6** Out and About team went Geocaching around the cycle path and farmland near Merstone, on Wednesday afternoon. The children used their mobile phones to follow GPS navigation via the Geocaching app and read 'hints' to help them locate the caches. It was a little muddier than expected so they'd definitely recommend old trainers or wellies for next week's group!





# Queensgate Out & About Next Week

## **Out and About next week...**

Children to wear warm play clothes (nothing new or special) and comfy shoes or trainers (old trainers, wellies or walking boots for Y1, Y5 and Y6 please). Please check the forecast and bring a warm, waterproof coat, hat, scarf, and gloves (extra socks too if it's really chilly!).

## **Tuesday 26th November am - 2KG Bembridge Airport**

Ellis, Alfred, Freya, Roman, RJ, Mollie, Matteo, Cassidy, Sophie, Poppy, Peyton, Marley, Charlie and Sully.

## **Tuesday 26th November pm - 5TS St Helens Duver**

Tyler B, Caiden, Joshua, Harvey D, Maisy, Mirabelle, Ruben, Rory, Logan R, Ella R, Jesse, Ryan, Ella, Rhys and Teddy.

## **Wednesday 27th November am - 1SC Puckpool Park**

Jacob, Ronney, Nova, Blake, Riley, Harper-May, Clayton, Dylan, Hunter, Archer, Emily, Niamh and Eliza.

## **Wednesday 27th November pm - 6LR Geocaching**

Xachary, Acacia, Amelia, Arthur, Braiden, David, Emmie, Evie, Guy, Hayley, Jake, Jonny, Levi, Maya and Rosie.

## **Out and About the following week...**

## **Tuesday 3rd December am - 2KA Bembridge Airport**

Bowie, Jasper, Rudy, Marnie-Rae, Evelyn, Jack, Max, Daniel, Vienna, Declan, Arthur, Isabelle, Jake, Elsie-Mae and Harry.

## **Tuesday 3rd December pm - 5RA St Helens Duver**

Ashton, Benjamin, Mia-Rose, Harry, Oscar H, Destiny-Grace, Katelyn, Hannah, Connor, Jack, Harvey R, Freddie, Elliott, James and Tommy.

## **Wednesday 4th December am - 1CE Puckpool Park**

Jason, Kaden, Owen, Eden, Rosey, Amelia, Coen, Elizabeth, Molly, Theo, Lyla, Reggie-Ray and Louie.

## **Wednesday 4th December pm - 6TM Geocaching**

Teddy, Matthew, Skyla, Harley, Marley, Elsie, Ava, Paranith, Logan, Riley, Elvis, Emily T, Bella, Florence and Archie.





# Eco Schools



## Did you know?

### **We love Eco Friendly lunchboxes!**

As an Eco School we like to encourage, not only healthy but also eco friendly lunchboxes. Read below for some tips and hints to create an eco-friendly lunchbox, and possibly save some money too!

### **Eco Tips!**

#### **One: Skip individually wrapped food.**

Skip individually wrapped food. Not only is processed food often less healthy for your child, it also contributes heavily to landfill and overall global pollution.

#### **Two: Buy locally.**

Buy foods which are locally grown. Choosing to buy locally helps supports your local community. In addition, it cuts down the distance in which your food has to travel, reducing your overall carbon footprint.

#### **Three: Pack a refillable water bottle.**

Using a refillable water bottle is a much healthier, sustainable and eco-friendly option for the environment.

#### **Four: Use reusable sandwich bags and containers.**

There is no need for single use plastic sandwich bags, rather use reusable lunch containers, many of which are available on the high-street.

Beeswax wraps are also a great alternative - Simply use the warmth of your hands to form Bee's Wrap over the top of product. The wrap will hold its shape when it cools, creating a seal. Wash with cool water and gentle soap, and reuse.

#### **Five: Think seasonally!**

Buying seasonally is often more cost-effective and also goes in partnership with buying locally, helping to reduce your carbon footprint because you aren't buying produce which has travelled from far away. This can also be a way to keep your child interested in new and different foods too!

#### **Six: Make sure to compost.**

Encourage your child to bring home left over foods which are compostable.



*Inspiring children to contribute to a greener environment and world is something we could and should do*



Some of our children have been working with Miss Stone on an art exhibition for Quay Arts. The project will be on display at Quay Arts. You can also go along and make a mini owl decoration with Miss Stone on Saturday 30th November from 1pm to 3pm at Quay Arts.



On Friday 15th November, the **Year 5/6** girls football team travelled to the Cowes 3G football pitch to compete in the Pokemon Cup Final. Everyone was very excited for the tournament and could not wait to get playing. The girls played some great football, coming 2nd in their group. Next, was the semifinal! This was a tough game with the girls losing to the eventual winners, Sandown. This meant the girls finished in joint 3rd place overall. Well done Queensgate!

### **Another Busy Week Next Week**

As always, we have many events planned next week to aid the children's learning and enjoyment of school. On Tuesday 26th November, Alex Peaker will be visiting Year 3 to talk about Rocks and Soils. On Thursday 28th November the Olympic Gymnast, Danny Crouch, will be in school. Years 1 – 6 need to come in their PE kit please as the sessions will be practical. Read more about Danny here.

<https://sportsforchampions.com/athletes/danny-crouch/#:~:text=How%20I%20started%3A,me%20up%20for%20the%20club>







# What's for lunch next week ...



**Chartwells** **WEEK 1** W/C 04/11, 25/11, 16/12, 20/01, 13/02, 10/03, 21/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>AUTUMN/WINTER 2024</b>	<b>HOT SPECIALS</b>	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Plain Pasta	Fish Fingers Served with Chips
		Cheesy Bean Burrito	Quorn Burger Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza Served with Plain Pasta	Veggie Fingers Served with Chips
	<b>JACKET POTATO</b>	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
	All main meals are served with two vegetables					
<b>DESSERT</b>	Flapjack with Fruit	Apple Crumble with Custard	Rice Pudding with Jam or Chocolate Spread	Raspberry Jelly	Chocolate Brownie	

## And the week after...

**Chartwells** **WEEK 2** W/C 11/11, 02/12, 06/01, 27/01, 24/02, 17/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>AUTUMN/WINTER 2024</b>	<b>HOT SPECIALS</b>	Veggie Supreme Pizza Served with Plain Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
		Vegetable Fajita Served with Wholegrain Rice	Chinese Vegetable Noodles	Winter Vegetable Hotpot Served with Gravy	Macaroni Cheese	Quorn Dippers Served with Chips
	<b>JACKET POTATO</b>	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
	All main meals are served with two vegetables					
<b>DESSERT</b>	Crunchy Chocolate Mousse	Apple and Cinnamon Sponge with Custard	Fruits of the Forest Jelly	Chocolate Cookie	Orange Glazed Sticky Sponge Pudding	





# Queensgate Foundation Primary School

## ATTENDANCE MATTERS.

### Is my child too ill for school?

*It can be tricky deciding whether or not to keep your child off school when they're unwell.*



**High temperature** - If your child has a high temperature, keep them off school until it goes away.

**Impetigo** - Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

**Scarlet fever** - Your child can go back to school 24 hours after starting antibiotics. (They'll need antibiotics otherwise they'll be infectious for 2 to 3 weeks.)

**Measles** - Keep your child off school for at least 4 days from when the rash first appears.

**Chickenpox** - If your child has chickenpox, keep them off school until all the spots have crusted over.

**Vomiting and diarrhoea** - Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

### There's no need to keep your child off school if they have:



- Cold sore,
- Conjunctivitis,
- Ear infection,
- Hand, foot and mouth disease
- Sore throat
- Coughs and colds - It's fine to send your child to school with a minor cough or common cold.
- Slapped cheek syndrome - You don't need to keep your child off school as once the rash appears, they're no longer infectious.
- Head lice and nits - You can treat head lice and nits without seeing a GP.
- Threadworms - You don't need to keep your child off school if they have threadworms. (get treatment from the pharmacy)
- Ringworm - It's fine for your child to go to school once they have started treatment.

*Feeling anxious or worried* - It's normal for children to feel a little anxious sometimes. They may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can make a child's anxiety about going to school worse. It's good to talk about any worries they may have.



**Encourage your child to throw away any used tissues straight away and to wash their hands regularly.**



## Attendance

Whole School Attendance since September is 95%

Whole School Attendance this week is 93.64%

KS1 Class with best attendance this week is 1CE with 97.6%

KS2 Class with best attendance this week is 6LR with 99.1%

### Dates for your Diary

Friday 6th December 2024 – PTFA Christmas Fair 3:10pm – 4:30pm

Tuesday 10th December 2024 – PTFA Christmas Discos

Tuesday 17th December 2024 9:30am – Reception Nativity Show to parents

Wednesday 18th December 2024 Christmas Dinner and virtual pantomime day – wear a Christmas jumper!

Thursday 19th December 2024 – Party Day – children can wear Mufti

Friday 20th December 2024 Children back in full school uniform for the carol service

**Don't forget mufti day on Friday 29th November!**



**Chat**

**READ**

**Play**

Have a lovely weekend!

Best wishes,

*Sillito*

Samantha Sillito  
Headteacher







Home-Start IOW will be participating in The Big Give Christmas Challenge this year, the UK's largest match funding campaign. Our aim is to raise £2,000 which will be doubled to £4,000.

All donations made online to our Big Give Christmas Challenge, between 12pm on 3 December and 12pm on 10 December will be matched. Donations can be as little as £1.

[Click here to Donate!](#)

**Because  
childhood  
can't wait**

## Supporting Families - because childhood can't wait

Home-Start IOW supports families facing a wide range of challenges. Our work reduces the impact of difficult family circumstances on ...

[▲ biggive.org](https://www.biggive.org)







## Snooze Smart

### Did you know?

A study from Baylor University\* found that even getting just 46 more minutes of sleep each night can boost well-being. The research showed that extra sleep helped people feel more resilient, grateful, and positive about life. It also made them more likely to do kind things, like donating to charity. On the other hand, getting less sleep led to the opposite effect—lower mood and less gratitude. The study highlights how improving sleep can have a big impact on both personal well-being and how we interact with others.

So how can children and young people develop good sleep habits?

### 1 Sleep-Friendly Spaces

Make the bedroom a calming, sleep-friendly environment by using soft lighting, cozy blankets, and reducing clutter. A peaceful, quiet room encourages better sleep and signals to the body that it's time to rest.

### 2 Sleep Journal

Encourage children and young people to keep a simple sleep journal, where they can note how they felt throughout the day, what helped them feel calm before bed, and how well they slept. This can help them identify habits that work best for their sleep.

### 3 Sleep-only bed

Teach children and young people to associate their bed with sleep and relaxation only, not activities like playing, studying, or watching TV. This builds a stronger mental connection between their bed and rest, helping them wind down more easily when it's time to sleep.

#### Reference



Do, A. H., Schnitker, S. A., & Scullin, M. K. (2024). Gratitude, flourishing and prosocial behaviors following experimental sleep restriction and sleep extension. The Journal of Positive Psychology, 1-12. <https://doi.org/10.1080/17439760.2024.2394452>





# Wildheart Wonderland

Join us for a magical experience this December!

Santa needs your help with an 'urgent mission...'. Come and join this team of Elves this Christmas at the Sanctuary to help to save Christmas!

**Selected dates**  
14th, 15th, 21st, 22nd and 23rd December 2024

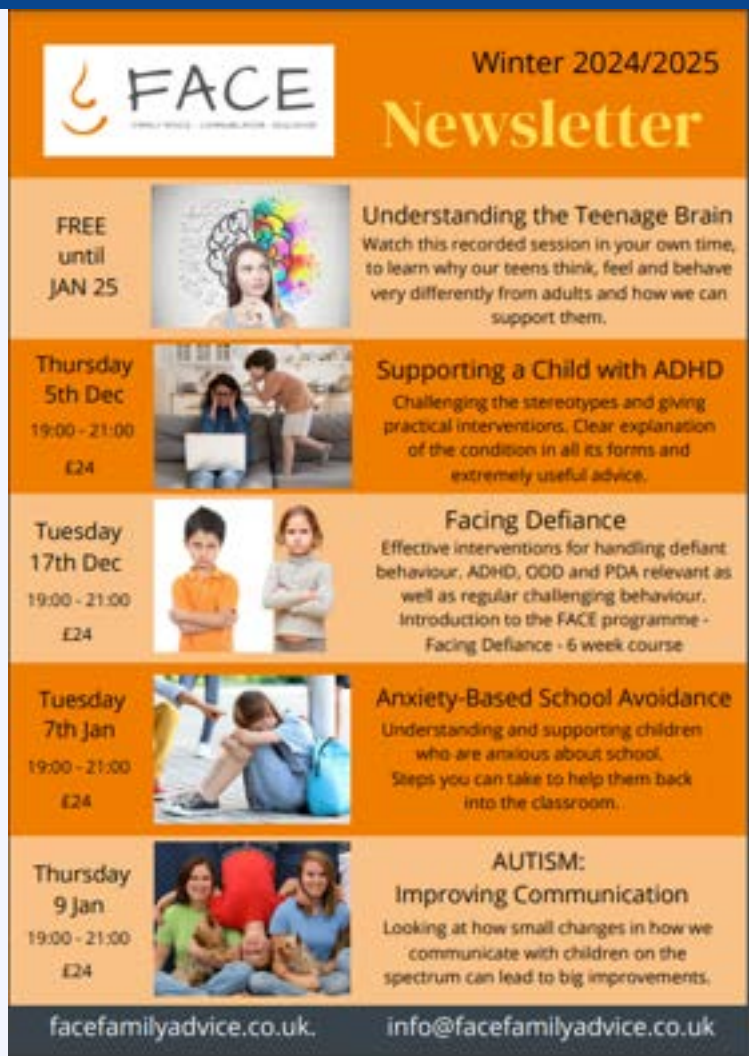
**Daily start times**  
10:30, 11:00, 11:30, 12:00, 13:00, 13:30, 14:00, 14:30

Each Wildheart Wonderland experience is approximately 1 hour long, and the price also includes entry into the Sanctuary for the rest of the day.  
This event is suitable for children aged 3+

**Tickets**  
Children £20 | £15 each for accompanying adults.  
Members-Children £16 | £11 for accompanying adults.

Book your tickets today!  
[wildheartanimalsanctuary.org](http://wildheartanimalsanctuary.org)

In collaboration with Enchanted Isle



**FACE** Winter 2024/2025 Newsletter

**FREE until JAN 25**  
Understanding the Teenage Brain  
Watch this recorded session in your own time, to learn why our teens think, feel and behave very differently from adults and how we can support them.

**Thursday 5th Dec 19:00 - 21:00 £24**  
Supporting a Child with ADHD  
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

**Tuesday 17th Dec 19:00 - 21:00 £24**  
Facing Defiance  
Effective interventions for handling defiant behaviour, ADHD, ODD and PDA relevant as well as regular challenging behaviour. Introduction to the FACE programme - Facing Defiance - 6 week course

**Tuesday 7th Jan 19:00 - 21:00 £24**  
Anxiety-Based School Avoidance  
Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

**Thursday 9 Jan 19:00 - 21:00 £24**  
AUTISM: Improving Communication  
Looking at how small changes in how we communicate with children on the spectrum can lead to big improvements.

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk) | [info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)



**ASPIRE PACT** Family Hub  
PARENTS AND CARERS TOGETHER

**Communication & Language Drop-In Session** Free Event!

Weds 27th Nov 2024  
10.30am-12.30pm  
Ryde Library  
101 George St,  
Ryde  
PO33 2JE

Please take part in our simple survey. Every response matters!

Free £10 grocery voucher for all who attend, fill out our survey & complete a feedback form!

An amazing opportunity to meet Communication & Language experts on the Island!  
Cake, biscuits and glitter tattoos free on the day!  
Come along and have a chat, have your views heard and questions answered

Professionals available on the day:  
Nadine West - Barnardo's,  
Will - Dadzclub  
Justine Turner & Becca Burr - Speech & Language Team  
Andrew - Parents Voice

Find out more or request transport using the details below

[familyinfohub.iow.gov.uk](http://familyinfohub.iow.gov.uk) | [familyinfohub](https://www.facebook.com/familyinfohub) | [rosie@aspireryde.org.uk](mailto:rosie@aspireryde.org.uk)



Trinity Theatre, Cowes present **noda**

2024

# DRACULA

## The Pantomime

by kind permission of limelightscript.co.uk

**Fri 6th Dec 7:30pm**      **Fri 13th Dec 7:30pm**  
**Sat 7th Dec 2:30pm**      **Sat 14th Dec 2:30pm**  
**Sun 8th Dec 2:30pm**      **Sun 15th Dec 2:30pm**

Adults £10 | Under 16 £7 | Family (2A+2C) £30  
Bookings: [www.caods.org.uk](http://www.caods.org.uk) | 01983 295229





Please join us for a Waitrose Christmas experience on Thursday 12th December  
16:00-19:30

Come along and enjoy some festive fun with your friends and family whilst shopping.

Things to enjoy during the evening.....

Delicious tastings throughout the store  
Elf on the shelf treasure map  
Christmas carolling  
Santa on a till

New Carnival Presents  
**Merry & Bright**  
**Festival of Light**

Lantern Parade 6-7pm  
Fri 6th Dec 5-8pm  
**RYDE TOWN**

**FREE** Entertainment  
Music  
Performance  
Illuminations  
Craft Market  
Digital Graffiti  
Games  
Craft Activities

