



Queensgate Competition/Physical Activity Events Calendar 2024/2025 (subject to change over the year as new events are organised)

Autumn term	1	2	Participants	Intent
Island Championships	Mixed U11 Tag Rugby	U11 Sports hall Athletics Table tennis	These competitions are aimed at the most able at sports. Selection for these teams are based on performance/skills, attitude, behaviour, attendance and teacher input based on PE lessons.	Develop confidence and competence within physical activity/sport skills. Promote success and achievement. Improve knowledge and understanding of sport and physical activity Build social skills and connections (i.e. sense of belonging).
Island Participation Festivals	Girls U11 Tag Rugby B Team Tag Rugby	U9 Mixed Tag Rugby NFL	These competitions are aimed at children who are keen to be part of a competitive event but haven't competed in the A team/Island championships.	
NGB Competitions	IWSFA Football	IWSFA Football	These competitions will be aimed at the most able at sports and lead to Island finals or Hampshire competitions.	
PEACH Festivals	PEACH Festival - Yr 5/6 Tag Rugby Skills	PEACH festival year 3/4	These events are aimed at children who have been identified as the least active or least confident at sport. These events focus on the core School Games values of honesty, determination, self-belief, teamwork, passion and respect.	Increase regular participation and motivation. Build social skills and connections (i.e. sense of belonging). Championing physical literacy
Area Cluster events/festivals /friendlies	Football B and C teams	Football B and C teams	These events are friendly competitions that are arranged within the Cowes cluster. The focus of these events will differ depending on the needs of the schools in the cluster. It could be to allow more children to represent the school in sports where there is high demand, to introduce new sports to children or to target identified needs.	Build social skills and connections (i.e. sense of belonging).
Interclass competitions	Year 6 Tag Rugby Year 5: multi-skills personal best challenge	Year 6 basketball	Whole year groups events involving all children in the year.	Engage new/target groups of young people (tackling inequalities). Create positive experiences. Develop confidence and competence within physical activity/sport skills

Spring term	1	2	Participants	Intent
Island Championships	U11&U9 Girls Football	U11 Basketball	These competitions are aimed at the most able at sports. Selection for these teams are based on performance/skills, attitude, behaviour, attendance and teacher input based on PE lessons.	Develop confidence and competence within physical activity/sport skills. Promote success and achievement. Improve knowledge and understanding of sport and physical activity Build social skills and connections (i.e. sense of belonging).
Island Participation Festivals	U9 Sports hall Athletics	U9 Basketball U11 Orienteering Girls football year 3,4,5,6	These competitions are aimed at children who are keen to be part of a competitive event but haven't competed in the A team/Island championships.	
NGB Competitions	IWSFA Football Netball	IWSFA Football Netball	These competitions will be aimed at the most able at sports and lead to Island finals or Hampshire competition.	
Year 6 and 7 PEACH Transition festivals		Basketball	These competitions target children who may require some extra support when transitioning to secondary school. It is an opportunity for year 6 to mix with year 7 pupils in a friendly sporting environment.	Supporting transition.
PEACH Festivals	PEACH Festival Dodgeball year 3/4	PEACH festival year 5/6	These events are aimed at children who have been identified as the least active or least confident at sport. These events focus on the core School Games values of honesty, determination, self-belief, teamwork, passion and respect.	Increase regular participation and motivation. Build social skills and connections (i.e. sense of belonging). Championing physical literacy
Area Cluster Competitions/festivals /friendlies	Football Basketball	Football Netball	These events are friendly competitions that are arranged within the Cowes cluster. The focus of these events will differ depending on the needs of the schools in the cluster. It could be to allow more children to represent the school in sports where there is high demand, to introduce new sports to children or to target identified needs.	Build social skills and connections (i.e. sense of belonging).
Interclass competitions	Year 6 hockey	Year 6 handball	Whole year groups events involving all children in the year.	Build social skills and connections (i.e. sense of belonging) Promote success and achievement

Summer term	1	2	Participants	Intent
Island Championships Year 5/6 unless stated	U11 Hockey	U11 Quad kids Tennis Handball	These competitions are aimed at the most able at sports. Selection for these teams are based on performance/skills, attitude, behaviour, attendance and teacher input based on PE lessons.	Develop confidence and competence within physical activity/sport skills. Promote success and achievement. Improve knowledge and understanding of sport and physical activity Build social skills and connections (i.e. sense of belonging).
Island Participation Festivals	Orienteering	PEACH Island Games U9 Quad Kids Tennis Tri golf	These competitions are aimed at children who are keen to be part of a competitive event but haven't competed in the A team/Island championships.	
NGB Competitions	IWSCA Cricket	IWSCA Cricket	These competitions will be aimed at the most able at sports and lead to Island finals or Hampshire competition.	
Year 6 and 7 PEACH Transition festivals		Outdoor Dodgeball	These competitions target children who may require some extra support when transitioning to secondary school. It is an opportunity for year 6 to mix with year 7 pupils in a friendly sporting environment.	Supporting transition.
PEACH Festivals		Tri golf PEACH Games Festival Move up games year 6/7	These events are aimed at children who have been identified as the least active or least confident at sport. These events focus on the core School Games values of honesty, determination, self-belief, teamwork, passion and respect.	Increase regular participation and motivation. Build social skills and connections (i.e. sense of belonging). Championing physical literacy
Area Cluster Competitions/festivals /friendlies	Orienteering year 2 Netball year 3/4 Peach Games year 3/4	Area athletics B team basketball yr5/6 Handball year 5/6 Team relays - all years OAA year 3/4	These events are friendly competitions that are arranged within the Cowes cluster. The focus of these events will differ depending on the needs of the schools in the cluster. It could be to allow more children to represent the school in sports where there is high demand, to introduce new sports to children or to target identified needs.	Build social skills and connections (i.e. sense of belonging).
Interclass competitions	Year 6 rounders Year 4 rounders	Key stage Sports day	Whole year groups events involving all children in the year.	Engage new/target groups of young people (tackling inequalities). Create positive experiences.

Participation events 2024 (Subject to change over the year)

Term	Event	Participants	Intent
A u t u m n	Sport for Champions	Whole school	Championing physical literacy Improve health and wellbeing (i.e. 60 active minutes) Improve knowledge and understanding of sport and physical activity Increase regular participation and motivation
	Break dancing/beat boxing workshops	Year 1-6	Championing physical literacy Improve health and wellbeing (i.e. 60 active minutes) Improve knowledge and understanding of sport and physical activity
	Dance Live Competition	Pupils who wanted to take part (year 4-6)	Develop leadership, character, life skills Build social skills and connections (i.e. sense of belonging) Provide inclusive opportunities
	After school sports clubs – football, fencing, skateboarding, netball	Children who sign up	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities Increase regular participation and motivation
S p r i n g	Let Girls play	Girls from all year groups	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities
	Bunny hop	Whole school	Improve health and wellbeing (i.e. 60 active minutes) Increase regular participation and motivation
	Skipping workshops	Whole school	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities Increase regular participation and motivation
	Dance Live Competition	Pupils who wanted to take part (year 4-6)	Develop leadership, character, life skills Build social skills and connections (i.e. sense of belonging) Provide inclusive opportunities, Promote success and achievement
	After school clubs: football, basketball, skateboarding	Children who sign up	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities Increase regular participation and motivation
	National skipping day	Whole school	Improve health and wellbeing (i.e. 60 active minutes) Increase regular participation and motivation
S u m m e r	Sports day – KS1 and KS 2	Whole school	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities Increase regular participation and motivation
	Sailing at UKSA	Year 6	Provide inclusive opportunities Create positive experiences Supporting transition Develop confidence and competence within physical activity/sport skills
	After school clubs: tennis, cricket, multi-sports, skateboarding	Children who sign up	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities Increase regular participation and motivation

Other events/activities which have helped developed physical literacy within Queensgate

Term	Event	Participants	Intent
A u t u m n	Active lunches run by sports leaders	Open to the whole school	Increase regular participation and motivation Develop leadership, character, life skills Build social skills and connections (i.e. sense of belonging)
	Year 6 family and friends SPAG orienteering	Year 6 and their families	Championing physical literacy Provide inclusive opportunities Build social skills and connections (i.e. sense of belonging)
S p r i n g	Year 4 residential	Year 4	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities Build social skills and connections (i.e. sense of belonging) Championing physical literacy Develop confidence and competence within physical activity/sport skills
	Active lunches run by sports leaders	Open to the whole school	Increase regular participation and motivation Develop leadership, character, life skills Build social skills and connections (i.e. sense of belonging)
	Weekly Active maths sessions	Year 1	Improve health and wellbeing (i.e. 60 active minutes) Increase regular participation and motivation
S u m m e r	Year 6 residential	Year 6	Develop confidence and competence within physical activity/sport skills Provide inclusive opportunities Increase regular participation and motivation Build social skills and connections (i.e. sense of belonging) Championing physical literacy
	Active lunches run by sports leaders	Open to the whole school	Increase regular participation and motivation Develop leadership, character, life skills Build social skills and connections (i.e. sense of belonging)
	Out and About – orienteering/Geocaching	Year 6	Improve health and wellbeing (i.e. 60 active minutes) Increase regular participation and motivation
	Weekly Active maths sessions	Year 1	Provide inclusive opportunities Create positive experiences Supporting transition Develop confidence and competence within physical activity/sport skills