



# SEND NEWSLETTER

(SPECIAL EDUCATIONAL NEEDS AND DISABILITIES)

**WELCOME TO THE QUEENSGATE SEND NEWSLETTER. EVERY OTHER WEEK WE WILL BE POSTING SEND INFORMATION, RESOURCES AND CELEBRATIONS FROM QUEENSGATE. - MISS CROUTEAR**

## SPOTLIGHT ON SUPPORT STRATEGIES



THE ZONES OF REGULATION IS A HELPFUL TOOL FOR CHILDREN TO UNDERSTAND AND MANAGE THEIR EMOTIONS. IT USES FOUR COLOURS TO REPRESENT DIFFERENT FEELINGS: BLUE ZONE (SAD OR TIRED), GREEN ZONE (CALM OR HAPPY), YELLOW ZONE (WORRIED OR FRUSTRATED), AND RED ZONE (ANGRY OR OVERWHELMED). BY IDENTIFYING WHICH ZONE THEY ARE IN, CHILDREN CAN LEARN WAYS TO COPE WITH THEIR FEELINGS. THIS SYSTEM HELPS THEM BECOME MORE AWARE OF THEIR EMOTIONS, LEADING TO BETTER BEHAVIOUR AT SCHOOL AND HOME.

## QUEENSGATE VOICES ON SEND

**"SEND IS MAKING SURE EVERYONE HAS THE SAME OPPORTUNITIES"**  
- MRS GRANT

## FAMILY RESOURCES

- **WIDGET - FOR MAKING PERSONALISED VISUAL RESOURCES -**  
[HTTPS://WWW.WIDGET.COM/RESOURCES/INDEX.HTM](https://www.widget.com/resources/index.htm)



- **WEA - ADULT LEARNING WITHIN REACH - FREE SEND AND LIFE SKILLS COURSES -**  
[HTTPS://WWW.WEA.ORG.UK/](https://www.wea.org.uk/)

## CELEBRATING SEND SUCCESS

**LILLY FIELDING - 4MC**



**LILLY HAS HAD A GREAT WEEK! SHE HAS SCORED 40/40 ON HER TIMES TABLES FOR THE FIRST TIME AND REPRESENTED THE SCHOOL AT A FOOTBALL FESTIVAL!**



## PARENT FAQs

**IN FUTURE NEWSLETTERS WE WILL BE ANSWERING PARENT'S FREQUENTLY ASKED SEND QUESTIONS. PLEASE USE THE QR CODE TO SUBMIT QUESTIONS OR ASK FOR ADVICE**