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queensgateprimary.co.uk



Friday 24th May 2024

Issue 30

Queensgate Foundation
Primary School



ECO Day

Dear Families,

Eco Day

Thank you for sending in the children in **blue** and **green**. We tried to make a map of the world! The day started with an assembly from Southern Water talking about how vital a resource water is and how only 1% is drinkable water (97% is salt water and 2% is ice). There is a competition for each class to come up with innovative ways to save water.

The rest of the day was spent completing Eco related activities, including an art project using recycled materials. The finished product will be shared in the newsletter after half term and the finished piece will be displayed in the Year 5/6 stairwell.

We raised a total of £163.07 - thank you!



Staffing News

Today we say good-bye to Mrs Heng as Mrs Barnett returns from maternity leave. Mrs Johnson will be teaching RBH on a Monday and Mrs Barnett will be teaching RBH from Tuesday until Friday. The children know both of these teachers already, Mrs Johnson through Out and About and Mrs Barnett through her visits to the school. Thank you to RBH parents who have filled in the comments sheet so positively. I am sure you will join me in wishing Mrs Heng every success in the future. I am sure she will be back visiting Queensgate regularly.

Multiply Maths Award

On Tuesday Mrs Cox and I were invited to the Multiply Award Evening.

We heard many stories of how Multiply has supported adult learners to gain qualifications and confidence in maths.

Queensgate won an award for supporting the programme.

We are delighted that some of our parents and carers won awards too.



Working together for a successful future

UKSA and Skateboarding

On Monday 20th May, our Year 6 children visited UKSA in Cowes to take part in their Test the Water programme which offers a half-day water-based adventure FREE to every Year 6 Island school with the aim to support them to gain water-confidence, understand water safety and to support students to develop confidence and life skills such as communication and resilience.

Here are some quotes from the children:

"I am very grateful we were able to go to UKSA. I really enjoyed being able to experience sailing and being in the water. It taught me various skills: Teamwork, resilience and perseverance." Zoe 6TM.

"What I enjoyed about UKSA is being with all my friends. It was a fun experience for all of us. I was very thankful for having the opportunity to try the Test the Water experience." Bongeka - 6TM.

"I really enjoyed the opportunity to learn how to sail. It was a very good experience even though the wetsuits were hard to get on!" George - 6TM



On Tuesday 21st May the Year 6 children had an end of SATs treat (paid for by their enterprise project, earlier in the year). John Cattle Skate Club ran four group sessions for the children. Here is what they had to say:

"I really enjoyed skateboarding. I loved the tricks and it really improved my confidence. I am very grateful to the teachers for setting this up for us." Rochelle - 6TM.

"On Tuesday, Year 6 welcomed John Cattle (a professional coach) to teach us how to skateboard. We chose to do this as an end-of-SATs treat and I really enjoyed it. Even though I've been skateboarding for 4 years, it was lovely to see me classmates have a go!" Lily 6TM.

"On 21st May we did skateboarding. I don't normally do skateboarding but I found it really enjoyable because they taught us tricks and they helped us if we did something wrong. The people also explained what to do really well and it made it a lot easier." Sarah – 6TM

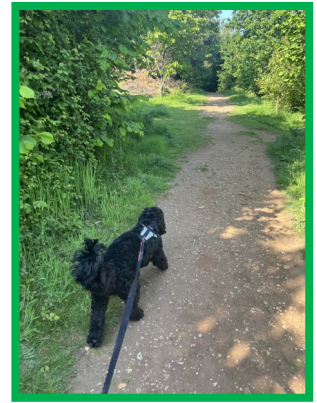


There is still lots of hard work for Year 6 children as their writing will be looked at by outside moderators in June.

Sports Report

Year 6 Orienteering

On Monday a group of Year 6 girls travelled over to Newchurch to take part in an orienteering competition organised by the Wight Orienteers. The aim was to complete three different courses in the quickest time. The girls had tough competition from the reigning champions; Greenmount, not to mention they had already completed a morning of sailing at UKSA. Sadly the girls did not place however, Felicity and Zoe both got medals for the quickest individual time on a course out of every school that took place! Even



Benji got in on the action and enjoyed a run through the woods.

Year 3 PEACH Games

On Tuesday, a group of children from Year 3 took part in the PEACH Games 'New Age Sports Festival' at Cowes Primary school. They were put into two groups and participated in all the activities that were on offer, with so much excitement and enthusiasm. Games included; Curling, Boccia, Archery, Golf and Nerf Wars. The children enjoyed every activity and gave everything their all. When all the games were finished they received a biscuit and certificate for doing so well. More pictures available on our social media pages.



Year 5 Cricket

On Thursday, the Year 5 cricket team travelled to Gurnard primary to play against Brighstone and Gurnard. They first faced Gurnard and as we won the toss, we decided to field first. With some shaky bowling and excellent batting from the opposition, Gurnard managed to score a total of 106 runs with Queensgate taking two wickets. It was then Queensgate's turn to bat. The team did their best to chase down a big score from Gurnard, however came up short scoring 76 runs with Gurnard taking one wicket.



The team then faced Brighstone. We fortunately won the toss again, but this time we decide to bat first. With some great shots played by some of our batters, we managed to score a massive 134 runs with no wickets taken. It was then Brighstone's turn to bat. This time around the teams bowling was much better and with some fantastic catches taken, Brighstone managed to score 50 runs with three wickets taken. The second game was a massive improvement from the team and they will look to continue the improvement in future fixtures.

Out and About

Next half term, our **Reception** classes will be enjoying the topic 'Under the Sea' and learning about the seaside. On Tuesday morning the Out and About group visited St Helens Beach. The children were all very engaged in activities and enjoyed collecting shells, digging holes, building sandcastles, paddling and making sand cakes and ice-creams! They loved watching the horses trot past them on the beach too.

"We went to the beach. We did digging and we made ice-creams and some cupcakes. I enjoyed digging in the sand." Denis RBH

"I liked digging and making ice creams and cupcakes at the beach. I used sticks to be chocolate flakes!" Finley RBH



Our **Year 5** children have been learning about Space, this term. To tie in with their learning, the Out and About group walked to the New Battery and High Down Rocket Testing Site in Totland. The site was used in 1950s when the British were pioneers in the design of rockets and missiles. The underground rooms of the New Battery were used as a top secret location for the design of the Black Knight and Black Arrow, satellite launchers. The children enjoyed exploring the concrete structure, built to launch the rockets.

"We went to the Needles. It was a very steep walk. It was a nice walk with our friends." Abigail 5TS

"We walked to the rocket testing site near the Needles. They designed rockets there, they didn't launch it there in the end, they launched it in Australia. I like walking walking with my friends." Eliana 5TS



After the half term break, the children in **Year 4** will start their new topic on Victorians. This week our Year 4 Out and About team walked up to Tennyson Monument, learning about two important and influential Victorians that lived in Freshwater, Julia Margaret Cameron and Alfred Lord Tennyson. The children demonstrated amazing resilience throughout their walk and were all very proud of climbing up such a 'big hill!'. The forecast wasn't looking too good for their walk but the group seemed undeterred and definitely earned their hot chocolate and biscuit at the top. Well done Team!

"On Wednesday we climbed a really big hill, it was a really long walk but we made it! At the top of the hill we got hot chocolate and biscuits. On the walk back down we were all doing roly-polys, and rolling and having so much fun." Kyle 4MC



The **6TM** Out and About group visited Merstone to take part in a geocaching session. The children used the app on their phones to follow hints and navigate to locate caches, in and around Merstone. The children worked well as a team to find five caches around the farmland and cycle track, recording in each log-book. We hope that this might be an activity that the children could enjoy with their friends and family, out of school. It would be great to hear if anyone in Year 6 goes geocaching over the half-term holiday.



Out and About after half-term...

Please ensure your child wears suitable play clothes and they bring a sunhat or waterproof coat (depending on the forecast). Comfortable trainers or walking boots are recommended for Y4 and Y5 Out and About sessions.

Tuesday am - Reception St Helens Beach

Alfie, Coen, Eliza, Hunter, Jason, Romeo, Yazan, Dylan, Jacob, Leo, Layton, Ronney and Luca.

*Please bring spare clothes incase they get wet.

Tuesday pm - Year 5 High Down Rocket Testing Site, Needles

Artem, Maizy, Arthur, Bradley, Archie, Skyla, Rosie, Tyson, Levi, Evelyn, Elsie-Mai, Jake, Elanor and Emmie.

Continued overleaf

Out and About next week continued...

Wednesday am - Year 4 Tennyson Downs Walk

Benjamin, Mia-Rose, Oscar G, Oscar H, Harry, Ruben, Jacob, Paloma, Harvey R, Fletcher, River, Rhys, Adhvika, Lily and Vincent.

Wednesday pm - Year 6

Away on their Residential trip

Careers Week 25th- 28th June

We are excited to be celebrating the wonderful world of work in June and are keen to inspire our young people by teaching them about a diverse array of jobs that they may be like to pursue in the future. We are looking for parents, carers, family and friends of Queensgate to come into school to talk about their job, what skills and attributes are needed for their career, what it entails and why they enjoy it. Please contact your child's class teacher if you might be willing to talk to their class and to arrange a suitable time to visit between 25th and 28th June. If you think your workplace might be interested in hosting a visit please do let us know.

Cooking Next Week

Please can your child in **Reception** bring in a container for cookery next **Tuesday** suitable for a biscuit.

Louie, Ananya, Charlie, Mia-Rose, Mayleigh, Thomas, Elizabeth, Owen, Freddie, Molly, Rhue, Lyla and Blake.

Please can your child in **Year 5** bring in a container for cookery next **Tuesday** suitable for Summer-time Macaroni Cheese.

David, Ava, Bella, Sophia, Grace, Riley, Harry, Jack P, Emily B, Harley, Parinith, Adrianna, Zachary, Leon, and Marley.

Please can your child in **Year 4** bring in a container on **Wednesday** suitable for Cheese and Onion Pasties.

Harley B, Zayn, Tayla, Joshua, Harvey, Scarlett, Maisy, Toby, Harley T, Flynn, James, Mirabelle, Georgia, Logan and Tula.



Working together for a successful future



What's for dinner next term?

(Remember all Reception, Year 1 and Year 2 children are entitled to Free School dinners.)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SPRING/SUMMER 2024	HOT SPECIALS	Cheese and Tomato Pizza Served with Half a Jacket Potato	Classic Beef Burger Served with Potato Wedges	BBQ Chicken Served with Roast Potatoes	See Below ↓	Fish Fingers Served with Chips
		BBQ Quorn Fillet Served with Wholegrain Rice	Vegetarian Burger Served with Potato Wedges	Cheesy Ploughman's Picnic Plate		Quorn Dippers Served with Chips
	JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings		Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta						
All main meals are served with two vegetables						
DESSERT	Crispy Crackle Bar with Fruit	Raspberry Jelly	Carrot, Orange and Sultana Slice	Vanilla Ice Cream	Original Flapjack	

On **Thursday 6th June** to celebrate the 80th Anniversary of D-Day Chartwells will be providing a picnic lunch instead of a hot lunch that day.

There will be a selection of sandwiches, sides of Mini quorn sausage roll, potato wedges & crudité's and a dessert of scones & Jam.

All orders should have been received by school last Monday (20th May), so if you haven't ordered you will need to provide your child with a packed lunch for that day please.



Tuck returning

To raise funds for next year's Dance Live event tuck will be returning on a Friday breaktime for Key Stage 2 after half term.

Traffic Chaos

Please do not park on the zigzags or the pelican crossing. **These are there for a reason and that is to keep all the children safe.**

Year 6 School Journey

Just a reminder that the Year 6 School Journey to Runways End will take place the week after the half term break – Wednesday 5th June to Friday 7th June.

Wrap Around Care Survey

From September the Government have asked all schools to provide Wrap Around Care from 8am until 6 pm to ensure that all families can work. This is very difficult to fund. From September the price for breakfast club will be £2.50 per session. We work in partnership with our next-door neighbours, Seashells to provide after school care. In order to plan for September please could you fill in this very short survey so we know what the demand is for a 6 pm finish please.

<https://forms.gle/2YYLuDERG1r5sz1C9>

Attendance

Whole School Attendance since September is 95.09%

Whole School Attendance this week is 94.63%

KS1 Class with best attendance this week is 2KA with 97.24%

KS2 Class with best attendance this week is 6LR with 99.31%

And Finally...

There is no school next week. I hope you all have a good half term break with your children.

We will see you Monday 3rd June at 8:40am.

THIS IS YOUR MONDAY
MORNING REMINDER THAT
YOU ARE POWERFUL BEYOND
MEASURE, THAT YOU ARE
CAPABLE OF PRETTY MUCH
ANYTHING YOU ARE WILLING
TO WORK FOR, AND THAT
YOU COULD CHANGE YOUR
LIFE TODAY.

UNKNOWN

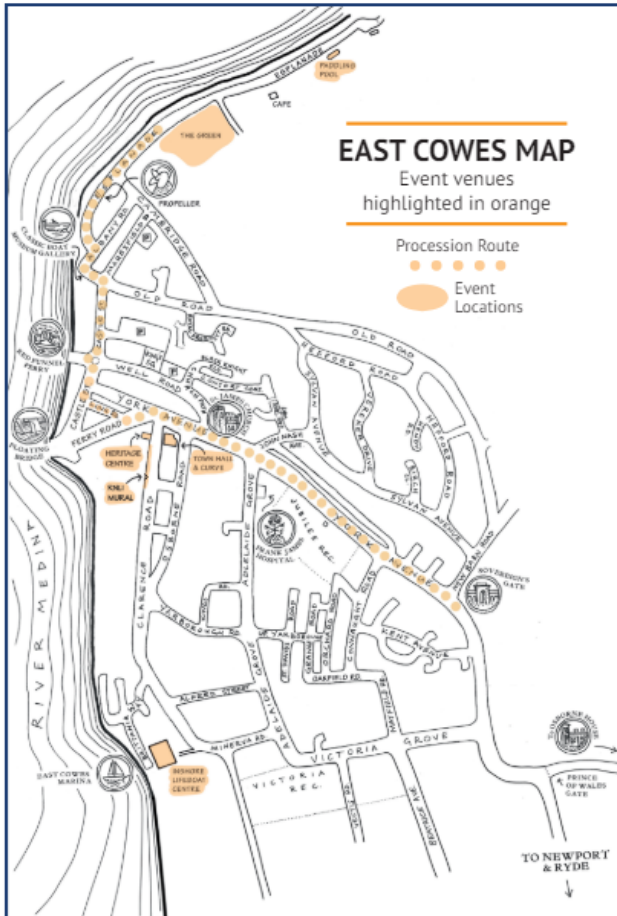
Best wishes,



Samantha Sillito

Headteacher





Lifeboats
RNLI
200 YEARS



East Cowes Programme of Events

CELEBRATING THE 200th ANNIVERSARY of the formation of the R.N.L.I. AND THE 100th ANNIVERSARY of the East Cowes Esplanade

MAY 2024



Organised by:
East Cowes Town Council,
East Cowes Heritage Centre
and the Inshore Lifeboat Centre.



Supported by:
Red Funnel, Waitrose and G.K.N. Ltd.



Programme of Events

Friday 24th May to
Monday 27th May 2024

FRIDAY 24th MAY

12.30pm SERVICE OF THANKSGIVING at the EAST COWES INSHORE LIFEBOAT CENTRE. *INVITATION ONLY.*

2.30pm **OFFICIAL OPENING OF THE RNLI MURAL** painted by the artist DAEV WALSH. *Clarence Road.*

6.30pm RECEPTION to launch the East Cowes Heritage Exhibition at the TOWN HALL. *INVITATION ONLY.*

SATURDAY 25th MAY

10.00am **EXHIBITION OPENS TO THE PUBLIC. Town Hall.**
Showing the importance of the boatyards on the River Medina that built lifeboats for the RNLI for many years. Photographs and artifacts gathered from collections at the Heritage Centre and the County Archives. A film about building lifeboats on the IOW will be shown. **Closes 4.00pm.**

12.00 **PROCESSION THROUGH EAST COWES**
Procession of Marching Bands and an RNLI Lifeboat. The Coastguard, decorated floats, vintage cars, fancy dress entrants and the mascots Stormy Stan and Ted Funnel.
Starts at Sovereign Gate, York Avenue, Ends on The Green at the Esplanade.

1.00pm to 5.00pm. **EVENTS ON THE ESPLANADE**
LOCAL BAND CORNERSTONE and **MAGICIAN RANDINI** on the stage.
MAD-AID Horsebox bar. **RNLI Stand.** Food and drink stands.
Bring a picnic and enjoy the afternoon by the sea.

1.30pm **UNVEILING OF THE ESPLANADE INFORMATION BOARD**
To celebrate the 100th Anniversary of the opening of the Esplanade to the public.

SATURDAY 3.00pm GIANT HOOK-A-DUCK GAME

The **paddling pool** will be filled with plastic ducks and a large duck will hook lucky ones to win prizes for the crowds.

TIME TBA: RNLI SEA RESCUE DEMONSTRATION

The RNLI will demonstrate a 'man overboard' rescue in the waters along the Esplanade using an Inshore Lifeboat made at the centre in East Cowes.

7.00pm EVENING SHOWING OF 'BUILDING LIFEBOATS ON THE ISLE OF WIGHT'. Town Hall.

A film highlighting the working lives of the boatbuilders who worked on the RNLI lifeboats. *Refreshments available.*

SUNDAY 26th MAY

10.00am to 4.00pm **EXHIBITION OPEN. Town Hall.**

EVENTS AT THE INSHORE LIFEBOAT CENTRE Clarence Road.

Starts at 10.30am

NAMING CEREMONY of a D-CLASS Lifeboat

LIVE MUSIC: Slipshod Singers, Cowes Concert Band, Medina Marching Band, Ukelele Band.

D-CLASS Capsize and Righting drill in The Marina

COASTGUARD DISPLAYS

GUIDED TOURS

MONDAY 27th MAY

10.00am to 4.00pm **EXHIBITION OPEN. Town Hall.**

SMALL MUSEUMS · BIG ON HISTORY!

NEWPORT ROMAN VILLA

HALF-TERM ACTIVITIES

NO NEED TO BOOK

MUSEUM ISLAND HISTORY

CLAY DAYS

MAKE A CLAY TILE

Be inspired by the Roman remains and make your own clay tile to take home.



TIME TRAVELLER ART ACTIVITIES

Colour a historic painting of an Island landscape, then add a modern feature.



ALL-WEATHER ATTRACTIONS

- Friday 31 May 2024
- 10.30am to 2.30pm
- £1 per person
- 10am to 1pm
- Tuesday 28 May 2024
- Thursday 30 May 2024
- Adult £1 Child 50p

Cypress Road, Newport, IW, PO30 1HA | 01983 823433 | iow.gov.uk/museums | museums@iow.gov.uk | Guildhall, High Street, Newport, IW, PO30 1TY | Isle of Wight Council

Events organised by the Isle of Wight Heritage Service

BRADING ROMAN VILLA

Parents Voice IOW for SEN and Disabilities

FUN FAMILY PICNIC

May Half Term

Are you the parent carer of a child with SEND (Special Educational Needs)? Is your child struggling at school with behaviour or mental health? Are you a home education family? You are invited to a Family Picnic at Brading Roman Villa (Marston Old Road, Brading, PO36 0PH).

Thursday 30th May

10am to 2pm

FREE hot drink for all the grown ups

FREE gift bag for all the young people

FREE entry for your young person and their adult carer

FREE parking

FREE chatting and FUN

Please bring your own picnic and outside games.

There will be an inside space available.

There will be face painting and a rock painting activity too.

Places must be booked by email. Children must be supervised at all times.

Please email contactus@parentsvoice-iw.org.uk with any questions and to book your place.

IOW Wellbeing Service: Online Workshop List

SUMMER TERM: April / May

DATE	COURSE NAME	TIME
15.04.24	What's Behind the Behaviour	11:30am
16.04.24	Child to Parent Violence and Aggression	9:30am
16.04.24	Boundaries and Expectations	11:30am
17.04.24	Navigating Neurodivergence	9:30am
17.04.24	Supporting the anxious child	9:30am
17.04.24	What's Behind the Behaviour	6:00pm
19.04.24	Boundaries and Expectations	4:30pm
19.04.24	Navigating Neurodivergence	6:00pm
22.04.24	Child to Parent Violence and Aggression	11:30am
23.04.24	Boundaries and Expectations	9:30am
23.04.24	Navigating Neurodivergence	11:30am
24.04.24	Child to Parent Violence and Aggression	6:00pm
30.04.24	What's Behind the Behaviour	9:30am
01.05.24	Supporting the anxious child	9:30am
01.05.24	Navigating Neurodivergence	6:00pm
06.05.24	What's Behind the Behaviour	11:30am
07.05.24	Navigating Neurodivergence	9:30am
08.05.24	Boundaries and Expectations	9:30am
08.05.24	Child to Parent Violence and Aggression	6:00pm
13.05.24	Child to Parent Violence and Aggression	11:30am
14.05.24	Child to Parent Violence and Aggression	9:30am
14.05.24	Navigating Neurodivergence	11:30am
15.05.24	Supporting the anxious child	9:30am
15.05.24	What's Behind the Behaviour	6:00pm
20.05.24	Boundaries and Expectations	11:00am
21.05.24	Boundaries and Expectations	9:30am
22.05.24	What's Behind the Behaviour	9:30am
22.05.24	Boundaries and Expectations	6:00pm

To reserve your place on any of the above courses, please email iowwellbeing@iow.gov.uk

IOW Wellbeing Service: Online Workshop List

SUMMER TERM: June / July

DATE	COURSE NAME	TIME
03.06.24	What's Behind the Behaviour	11:30am
04.06.24	Navigating Neurodivergence	11:30am
05.06.24	What's Behind the Behaviour	6:00pm
10.06.24	Boundaries & Expectations	11:00am
11.06.24	What's Behind the Behaviour	9:30am
12.06.24	Supporting the anxious child	9:30am
12.06.24	Child to Parent Violence and Aggression	6:00pm
17.06.24	Child to Parent Violence and Aggression	11:30am
18.06.24	Navigating Neurodivergence	9:30am
19.06.24	Navigating Neurodivergence	6:00pm
25.06.24	Boundaries and Expectations	9:30am
26.06.24	Supporting the anxious child	9:30am
26.06.24	Boundaries and Expectations	6:00pm
01.07.24	Child to Parent Violence and Aggression	11:00am
02.07.24	What's Behind the Behaviour	11:30am
03.07.24	Boundaries and Expectations	9:30am
03.07.24	Navigating Neurodivergence	11:00am
03.07.24	Child to Parent Violence and Aggression	6:00pm
08.07.24	Boundaries and Expectations	6:00pm
09.07.24	Navigating Neurodivergence	6:00pm
10.07.24	What's Behind the Behaviour	9:30am
10.07.24	Supporting the anxious child	9:30am
10.07.24	Boundaries and Expectations	11:00am
10.07.24	What's Behind the Behaviour	6:00pm
12.07.24	Navigating Neurodivergence	9:30am
24.07.24	Supporting the anxious child	9:30am

To reserve your place on any of the above courses, please email iowwellbeing@iow.gov.uk

Working together for a successful future

ABOUT US

The IOW Wellbeing Service has been commissioned by The Hampshire and Isle of Wight Clinical Commissioning Group (CCG).

The aim of the service is to support parents and carers of children and young people living on the Isle of Wight who are experiencing distressing or challenging behaviours.

Our information sessions have been designed to support families by implementing strategies at an early intervention capacity to support the emotional wellbeing of the parent/carer and child. All of our information sessions are free and can be booked without a referral.

By providing early, targeted support through a child-centred approach, the Isle of Wight Wellbeing Service aims to:

Promote a healthy home environment and improve family dynamics

Support parents and caregivers to evaluate their child's needs, behaviour and emotional wellbeing

Support families in respect of crisis management and conflict resolution

Share strategies with parents and carers to support their child to build emotional resilience and independence

IOW Wellbeing Service

Chillerton and Rookley Primary School

Chillerton

Newport

Isle of Wight—PO30 3EP

01983 640047

iowellbeing@iow.gov.uk



IOW Wellbeing Service

A guide to: **Workshop and Information sessions**

Delivered by the Isle of
Wight Wellbeing
Service.



Hampshire and Isle of Wight
Partnership of Clinical Commissioning Groups

BEHIND THE BEHAVIOUR

A 60 minute information session which explores the emotional and sensory reasons for different types of behaviour that is demonstrated in the home. We offer a brief overview of different ways to understand and explore behaviour and provide a range of strategies that can be implemented to support your child in the home.

BOUNDARIES & EXPECTATIONS

This 60 minute information session aims to support parents and caregivers in understanding different types of boundaries and why implementing boundaries and expectations is important. A step by step action plan is provided to guide you through the process of setting out your individual goals.



SUPPORTING THE ANXIOUS CHILD

An early intervention, 60 minute information session providing strategies to support the wellbeing of children who are demonstrating anxious behaviours in the home. (This session is designed at an early intervention level only and you may be signposted to other services depending on your individual circumstances).

NAVIGATING NEURODIVERGENCE

A 60 minute information session which aims to provide an insight into different behaviours and tendencies commonly demonstrated by those who have received a neurodivergent diagnosis. It aims to inform parents and caregivers of support services that are available and offers an insight into strategies that may help in managing expectations or family routines to support your child.



CHILD TO PARENT VIOLENCE AND AGGRESSION

This 90 minute information session is designed to support parents and caregivers who are experiencing physical and verbal violence, aggression and abuse in the home from children. By providing an insight into patterns of behaviour that are developed from an early age we will demonstrate how simple interventions can help to improve family dynamics and reduce conflict.

SEASONAL SENSORY INSIGHTS

This 60 minute session highlights and explains why events such as Halloween, Bonfire night, birthdays and Christmas can often be overwhelming for children who have sensory sensitivities. It provides strategies and approaches to hosting your celebrations in a sensory friendly way to help you and your family enjoy celebrations.





Early Intervention Behaviour Support
Isle of Wight Wellbeing Service

Isle of Wight Wellbeing Service: Face to Face Workshops

We are delighted to announce that we will be hosting our 60-90 minute one-off workshops on a face to face/group basis on the following dates. Reserve your place by emailing iowwellbeing@iow.gov.uk

Sandown Family Hub: The Fairway Sandown 9:15am

Workshop	Date
Child to Parent Violence and Aggression	7 th June 2024
Behind the Behaviour	14 th June 2024
Navigating Neurodivergence	21 st June 2024
Boundaries and Expectations	28 th June 2024
Supporting the Anxious Child	5 th July 2024
Child to Parent Violence and Aggression	19 th July 2024

Ryde Family Hub: St Georges Street, Ryde 1:15pm

Workshop	Date
Child to Parent Violence and Aggression	10 th June 2024
Behind the Behaviour	24 th June 2024
Navigating Neurodivergence	1 st July 2024
Boundaries and Expectations	15 th July 2024
Supporting the Anxious Child	22 nd July 2024

Places are limited to 5 persons per session, therefore please get in touch to reserve your place by emailing iowwellbeing@iow.gov.uk as soon as possible. Please be aware that workshops will only run if sufficient places have been booked.



SUMMER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE - Supporting Healthy Sleep FREE - Cannabis & Ketamine Awareness	27 JUN 30 JUL
Understanding Addictive Behaviour	16 MAY, 11 JUL, 8 AUG
Understanding the Teenage Brain	20 MAY, 15 JUL
Raising Self-Esteem	21 MAY, 16 JUL
Supporting a Child with ADHD	23 MAY, 20 JUN, 18 JUL, 15 AUG
Anxiety Explained	30 MAY, 25 JUL, 22 AUG
Understanding Anger	3 JUN, 29 JUL, 26 AUG
Introduction to OCD	11 JUN, 6 AUG
Improving Family Communication	17 JUN, 12 AUG
Autism: Improving Communication	8 JUL, 5 AUG
What is ACT?	9 JUL
Decreasing Depression	23 JUL
Supporting Healthy Sleep	20 AUG
Today's Teens & Drugs	27 AUG

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

Isle of Wight Library Service

MAY HALF TERM EVENTS

SAT 25	Ryde Library Elmer Day - story and craft 10.30am to 12.00pm	
TUE 28	Sandown Library Fun with Cats Protection 10.30am to 11.30am	
	Cowes Library Chess club 2.00pm to 5.00pm	
WED 29	Freshwater Library Froggie craft 2.00pm to 4.00pm	
THU 30	Lord Louis Library Make a parrot on a stick 2.30pm to 3.30pm	
FRI 31	Lord Louis Library Wooden spoon pirates 2.30pm to 3.30pm	
SAT 1	Lord Louis Library Make a treasure map and fancy dress competition 2.30pm to 3.30pm	
	Sandown Library Puppet show story time & craft 10.30am to 11.30am	

For more information on events please contact the hosting library - some events will need to be booked in advance



SOOTH PARTY'S SKATE CLUB

-  Qualified Skate Coaching
-  All Equipment Provided
-  Suitable For Complete Beginners To Advanced
-  No Upper Age Limit!

JOHN CATTLE'S SKATE CLUB

THE ISLANDS AWARD WINNING
NOT FOR PROFIT COMMUNITY SKATEBOARD CLUB



**OVER 30 SESSIONS A WEEK
SOMETHING FOR EVERYONE**



INDOOR PARK WOOTTON
Plus West Wight Sports Centre
Free parking and on the No9 Bus route



FROM JUST £5
All equipment included for FREE

- COACH LED LESSONS FOR ADULTS & KIDS
- GENERAL SKATE SESSIONS
- GIRLZ ONLY
- TODDLER 'SKATE N PLAY'
- 1 - 1 COACHING
- GROUP BOOKINGS
- PRIVATE HIRE
- SEN & DISABILITY LESSONS
- SKATE PARTIES

BOOK IN NOW WWW.BOOKWHEN.COM/SKATECLUB

FOR MORE INFO EMAIL: skateclubbookings@gmail.com

FIND US ON:

INSTAGRAM @jcskateclub

FACEBOOK: @skateclubisleofwight

YOUTUBE: John Cattle's Skate Club

EAST COWES

Colouring and Spot the Window Competition

Ahoy there!



Colour Stormy Stan and his crew mates.

The RNLI is the charity that saves lives at sea. It is a registered charity and a company limited by guarantee. It is not a government department.



Pick up your entry form from: The Curve

Wight Orienteers next Event will be on Sunday 16th June at Cheverton Farm, Shorwell. There will be courses for all abilities and helpful volunteers to get you started. Arrive between 10 and 12. Cost for juniors will be just £1. Adults £5. Family friendly event .



See our website and facebook page for more details: Wight Orienteers

Working together for a successful future



Isle of Wight National Landscape

Welcome Walks

Everyone is welcome to enjoy and discover the Isle of Wight National Landscape.

Walk leaders will take you on a journey through, round and over the landscape. Uncovering new paths, revisiting well loved routes and experiencing views and vistas unlike no other.



Family & Nature
Kathy Grogan



Storytelling
Sue Bailey



Social
Chris & Frankie



Heritage
Kelly Wetherick



Art
Lucia Para



Free Summer Walks



May	26 th Explore the Shore, Grange Chine	6-8pm	KG	
	30 th Rockpool Rummage, Bembridge	10-12pm	KG	
	7 th The Freshwater Circle, Freshwater	10.30-12.30pm	KW	
June	11 th Watery East Evening Stroll, Bembridge	5.30-8pm	C&F	
	20 th Sunset Solstice Wildlife Walk, Brighstone	7.30-9.30pm	KG	
	25 th Smugglers Country Evening Stroll, Whitwell	5.30-8pm	C&F	
	28 th Festival Walk, Freshwater	10.30-12.30pm	KW	
	28 th A Wild Night Out, Branstone	8-10pm	KG	
	30 th Tales with Legs Storywalk, Newchurch	3-5pm	SB	
	July	5 th Art in Nature, Freshwater Bay	2-4.30pm	LP
		7 th Museum of Curiosity, Compton Beach	5.30-7.30pm	SB
		8 th Tennyson's Totland Anecdotes, Freshwater	10.30-12.30pm	KW
		8 th Low tide walk, Thorness Bay	6-8pm	SB
9 th Worsley Country Evening Stroll, Godshill		5.30-8pm	C&F	
14 th One Sock Storywalk, Firestone Copse		10.30-12.30pm	SB	
20 th West Wight Wildlife Treasures, Brighstone		2-4pm	KG	
August	23 rd Eastern Yar Evening Stroll, Newchurch	5.30-8pm	C&F	
	26 th A Poets Muse, Freshwater	10.30-12.30pm	KW	
	30 th Right Royal Tales Storywalk, Osborne	10-12pm	SB	
	6 th Wild West Evening Stroll, Yarmouth	5.30-8pm	C&F	
	12 th West Wight Archaeology Walk	10.30-12.30pm	KW	
	30 th Art in Nature, Osborne	2.30-6pm	LP	



Isle of Wight National Landscape

All walks are FREE but must be booked in advance on Eventbrite. Links can be found on social media @isleofwightnl. Walks may change at short notice due to weather or ground conditions. Check social media @isleofwightnl to keep up to date.

ASPIRE
WELCOMING · SAFE · INCLUSIVE · BELONGING

FOOTBALL 4 ALL

6 WEEKS OF FOOTBALL SKILLS SESSIONS EVERY WEDNESDAY

MAY 22ND TO JUNE 26TH, 2024
5:30 PM TO 6:30 PM
PELL LANE RECREATIONAL GROUND

Free Football Skills Sessions for 9 to 14 years of all abilities at local parks, promoting wellbeing, inclusivity, and social connections in safe environments. Delivered by Andy North (Pud) of New Era Coaching with 25 years experience working within a professional football club and qualified to a UEFA B license.

BOOK YOUR PLACE VIA
[HTTPS://WWW.TRYBOOKING.COM/UK/DLGA](https://www.trybooking.com/UK/DLGA)
OR SCAN THE QR CODE



Waves of Wellness Young Persons Project

The Waves of Wellness Young People's Project is a transformative six-week program designed for youth aged 11 to 18 experiencing mental health challenges. Utilising evidence-based water activities, the project aims to improve physical health, mental well-being, and social inclusion. Participants engage in water sports, which serve as a therapeutic medium to enhance resilience and coping skills. Complementary group discussions and support sessions further embed positive outcomes, fostering a sense of community and belonging. This innovative approach not only promotes mental health recovery but also equips young individuals with lifelong strategies to navigate challenges, ultimately contributing to their overall quality of life.

Course starting on the 19th June 2024

To Book a place go to: <https://www.trybooking.com/uk/DNQH> or scan the QR code



Charity Number: 1163336

www.AspireRyde.org.uk



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